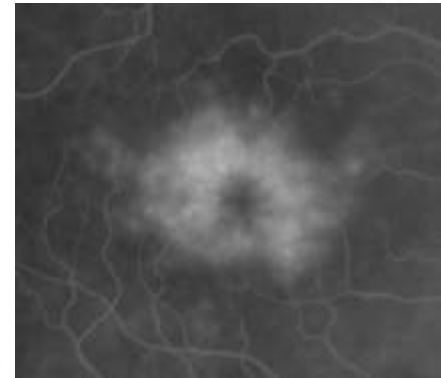
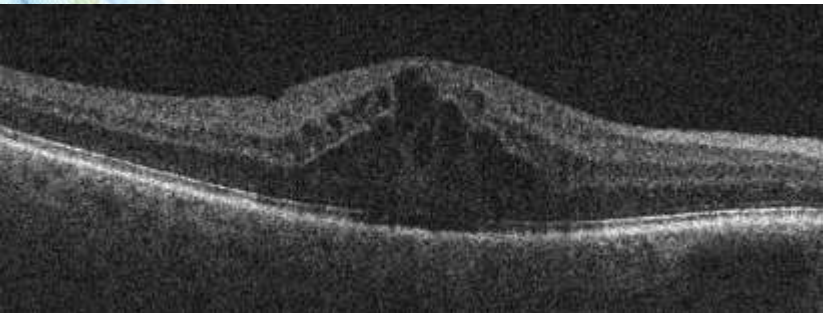

CMO/CME in the Phaco era Myth or Reality ?

6TH December 2015
Nicholas Lee, FRCS, FRCophth
Consultant Ophthalmologist
The Western Eye Hospital
The Hillingdon Hospital
London, England





Consultant Ophthalmologist
The Western Eye Hospital
The Hillingdon Hospital
London, England

Disclosures Sponsorships/Consultant

This is an Alcon sponsored promotional event.

ALCON

Novartis

Zeiss

Allergan

Post Cataract Macular Edema in Diabetic Patients

Objectives

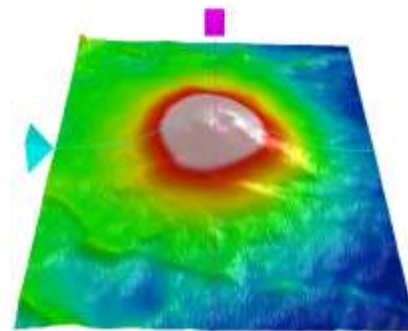
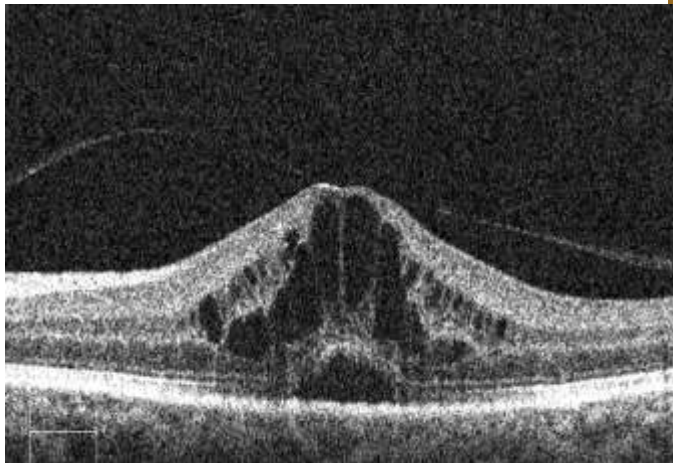
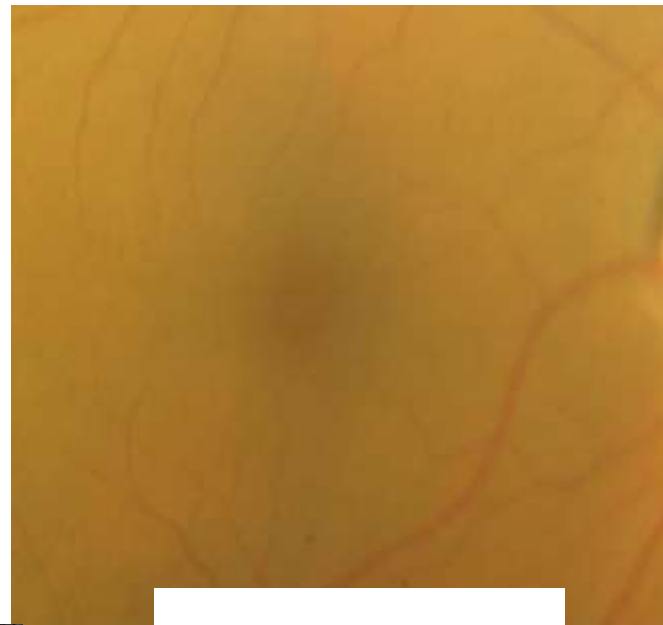
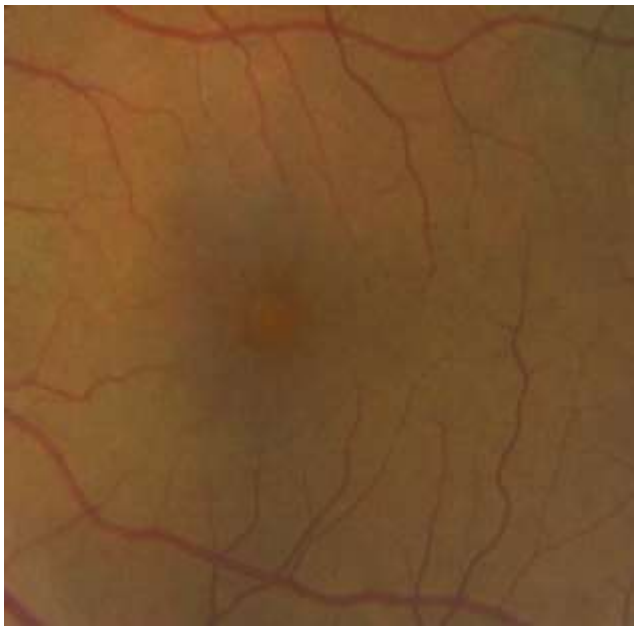
- Understand the development and impact of macular oedema – Irvine-Gass Syndrome Post Cataract Surgery
- Explore the increase in cost of cataract care if patients develop CME
- Explore the increased risk for macular edema development in diabetic patients
- Look at New developments in Post op Cataract Care

Postoperative Complications Associated With Modern Cataract Surgery

| Complication | Range of Estimated Incidences (%) |
|---|-----------------------------------|
| Intraoperative | |
| Posterior capsular or zonular rupture | 1.5 – 3.5 |
| Vitreous loss/anterior vitrectomy or aspiration | 0.8 – 1.39 |
| Iris/ciliary body injury | 0 – 1.2 |
| Loss of nuclear material into vitreous | 0.1 – 0.28 |
| Suprachoroidal hemorrhage | 0 – 0.14 |
| Retrobulbar hemorrhage | 0 – 0.1 |
| Postoperative | |
| Cystoid macular edema | 1.2 – 3.5 |
| Corneal edema | 0.03 – 5.18 |
| IOL dislocation, removal, or exchange | 0.19 – 1.1 |
| Endophthalmitis | 0.03 |
| Retinal tear, break, or detachment | 0.14 – 0.9 |
| Persistent iritis | 1.1 |

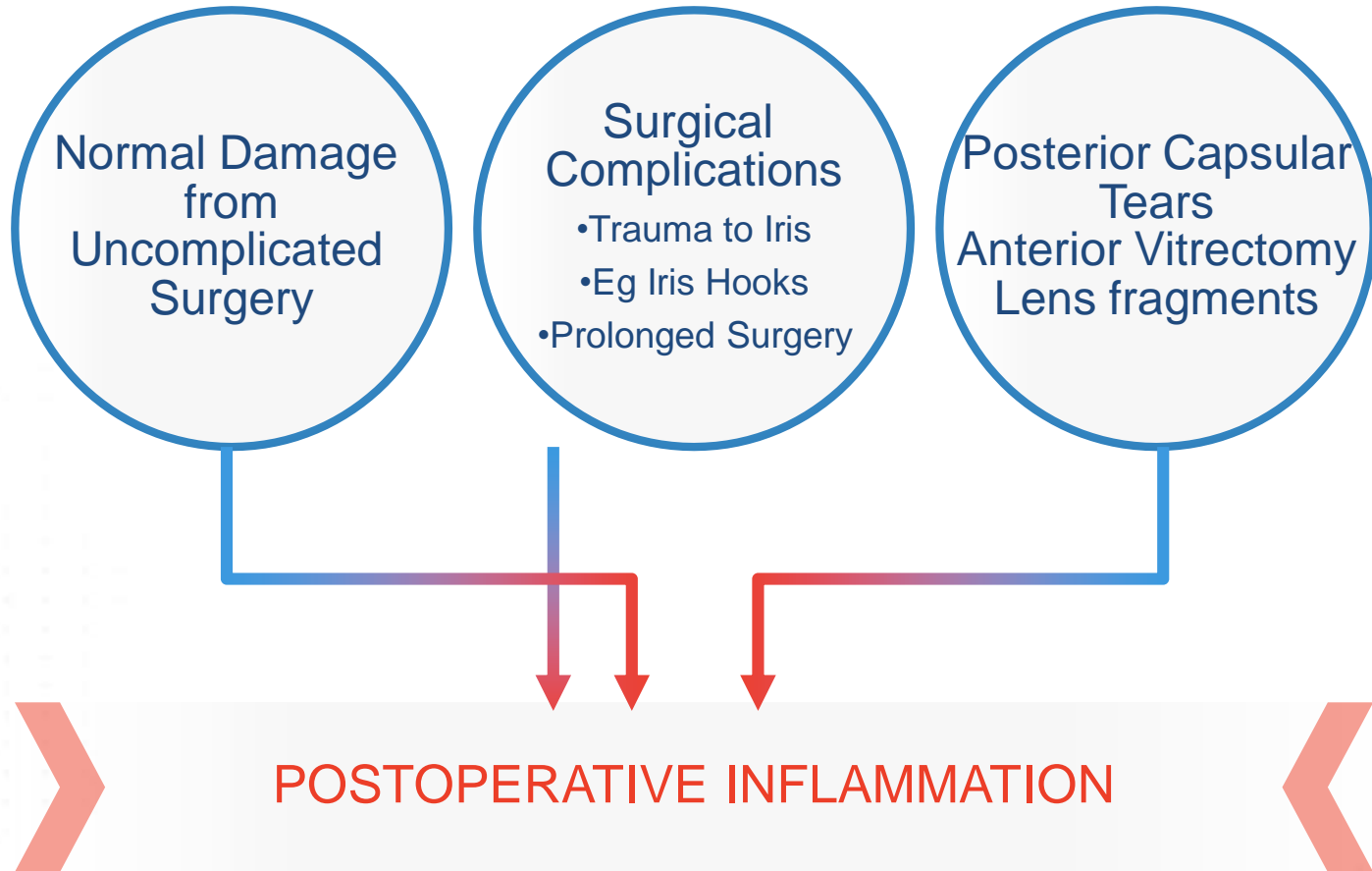
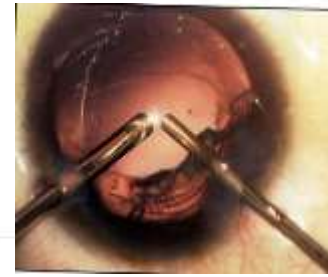
Related to inflammation

Note: NEVANAC is indicated in adults for the reduction in the risk of postoperative macular oedema associated with cataract surgery in diabetic patients.

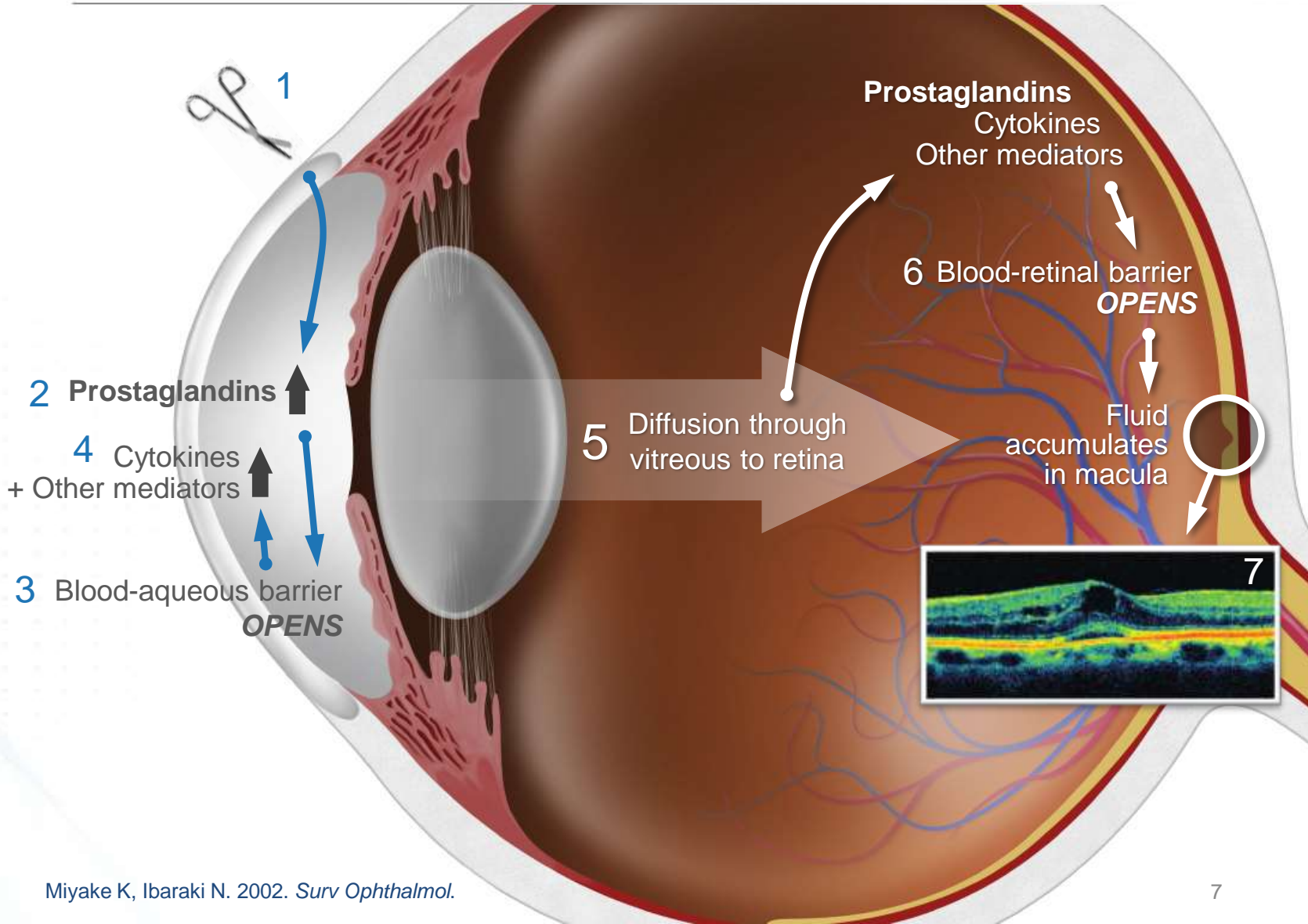


69 Year old GP Female 8 weeks post uncomplicated Phaco Surgery
Pre op Vision 6/24
Post op 3 weeks 6/6
8 Weeks post op 6/24

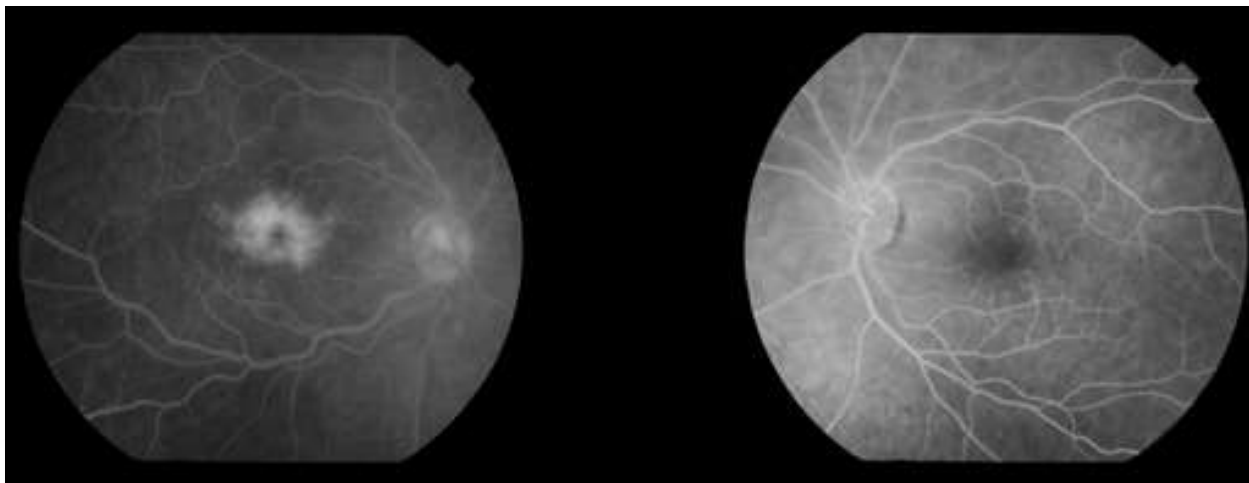
Surgery Causes Tissue Damage That Induces Inflammation



Inflammation May Lead to Macular Edema by Relaxing the Ocular-Blood Barriers



What Is Macular Edema?



Macular edema is a painless disorder that affects the central retina, or macula.

Macular edema is caused by the breakdown of the blood-retina barrier, which increases vascular leakage.

Increased vascular leakage causes fluid to accumulate in the macula, which leads to edema and increased macular thickness.

Difficult to differentiate vs **DIABETIC MACULAR OEDEMA**. Post op Hyperfluorescence of Optic disc on Fundus fluorescein angiography. Treat **DME** Prior to surgery On table Anti-VEGF/Steroids

Irvine – Gass Syndrome

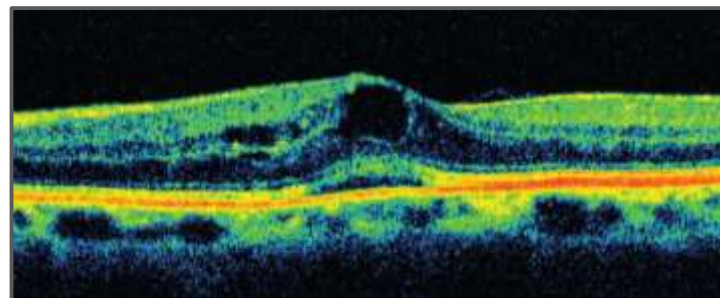
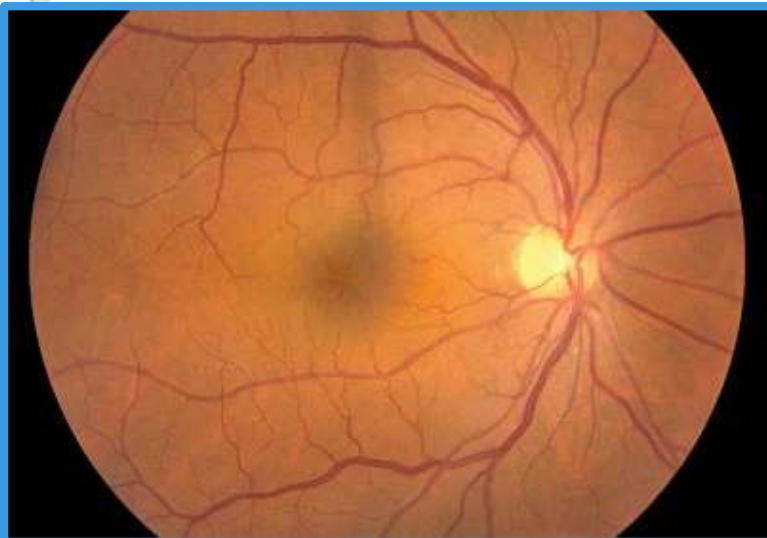
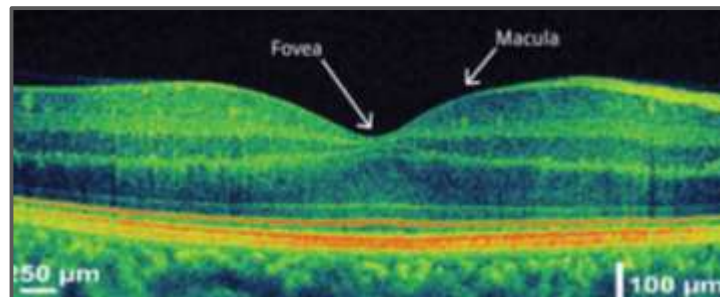
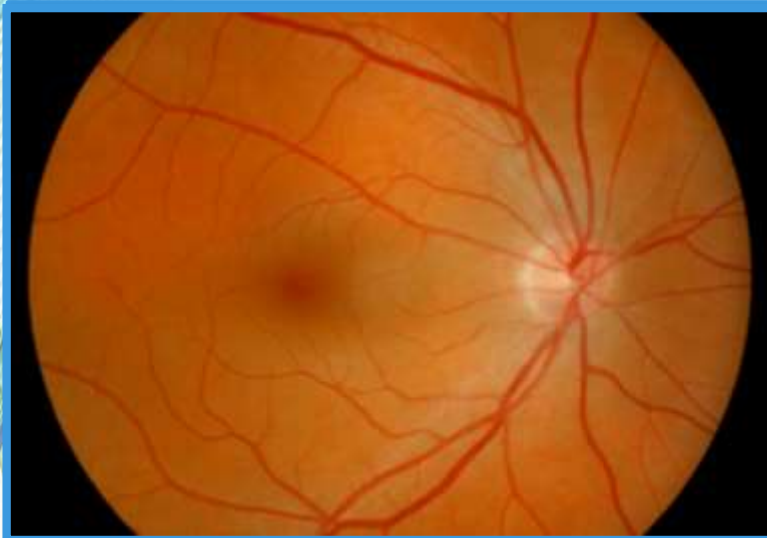
- Irvine described 1st 1953
- Gass Norton FFA 1966
- Irvine 1976 Survey of Ophthalmology review
- Over 100 Papers on the subject
- Medicare Estimate 47% increase in cost of cataract care if patients develops CME.

Irvine AR A newly defined vitreous syndrome following cataract surgery, interpreted according to recent concepts of the structure of the vitreous. AM J Ophthalmol 1953 36: 599-619

Gass JD Norton EW Cystoid macular edema and papilledema following cataract extraction: a fluorescein fundoscopic and angiographic study. Arch ophthalmol 1966; 76:646-681

Irvine AR Cystoid Maculopathy . Surv Ophthalmol 1976:21:1-17

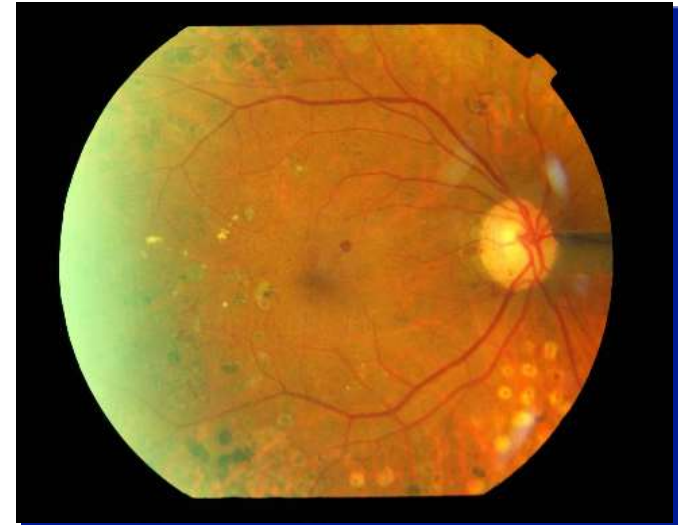
Healthy Vs Macular Oedema Retina Fundus Photograph and SD-OCT ?Baseline OCT



Irvine-Gass Syndrome

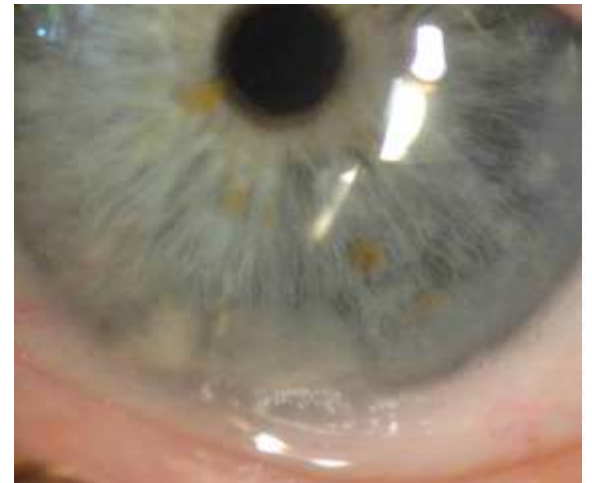
- Angiographic CME – Normal Vision
 - Normal OCT
- Clinically Significant CME
 - Reduced vision, CME on OCT
 - Within 4 months of surgery-Usually 4-6 Weeks

- Late CME > 4 months
- Chronic CME Lasts > 6 Months
- Diabetic macular oedema VS Irvine-Gass – Co-exist



Aetiology and Risk factors

- Type of Cataract surgery
- Light toxicity
- Vitreo macular traction
- Inflammatory mediators
- Use of Adrenaline in BSS
- Intracameral Drugs eg Cefuroxime
- Vitreous loss
- Integrity of capsule
- Hypertension
- Diabetes





Light Toxicity

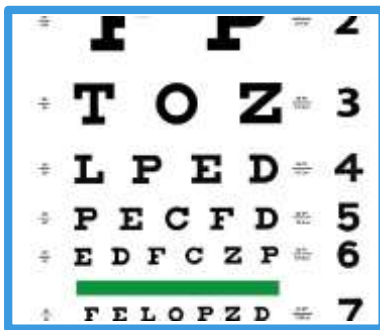
- Microscope light Xenon/Halogen
 - Unfiltered (Very blue)
 - UV Filter (Natural Tungsten like)
 - Yellow Filter (very yellow)
- Light occluder made no difference in study. Kraff 1976
- UV Absorbing IOLS ?
- Yellow/Blue <500nm Blocking Lenses?
 - 10/11 Reviews No evidence.

◆ **Kraff et al Effect of pupillary light occluder on CME J Cataract Refract Surgery 1996 22:770-774**

◆ **Nagpal post op CME Ophthalmol clin North Am 2001 :14 651-659**

◆ **Henderson BA, Grimes KJ Blue-blocking IOLs: a complete review of the literature. [Surv Ophthalmol.](#) 2010 May-Jun;55(3):284-9.**

Frequency of Macular Edema Development After Cataract Surgery

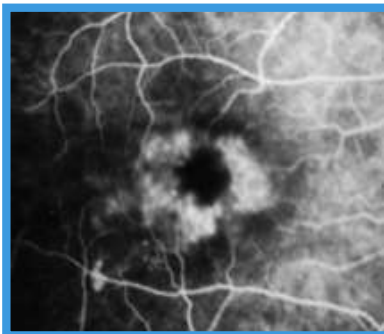


Clinically Significant Macular Edema

Associated with decreased visual acuity

Estimated Incidence

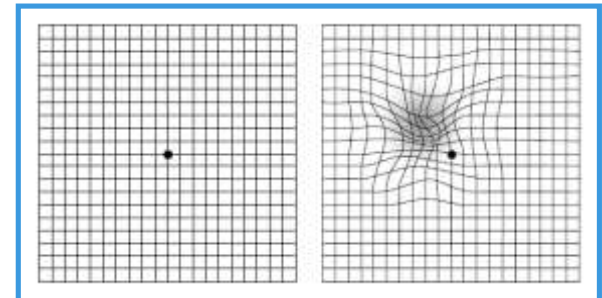
≤5.8%



Cystoid Macular Edema

Detected by ocular imaging

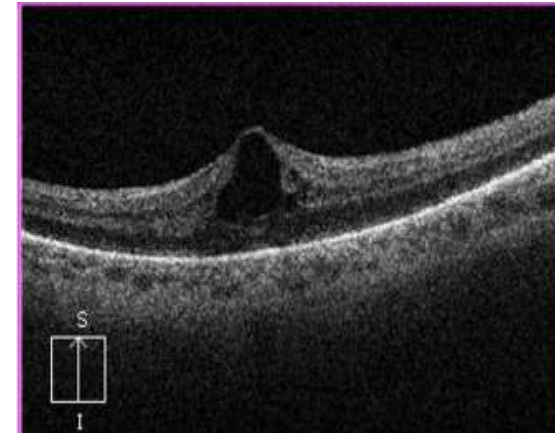
4%-20%



Macular Edema Is Associated With Reduced Quality of Vision

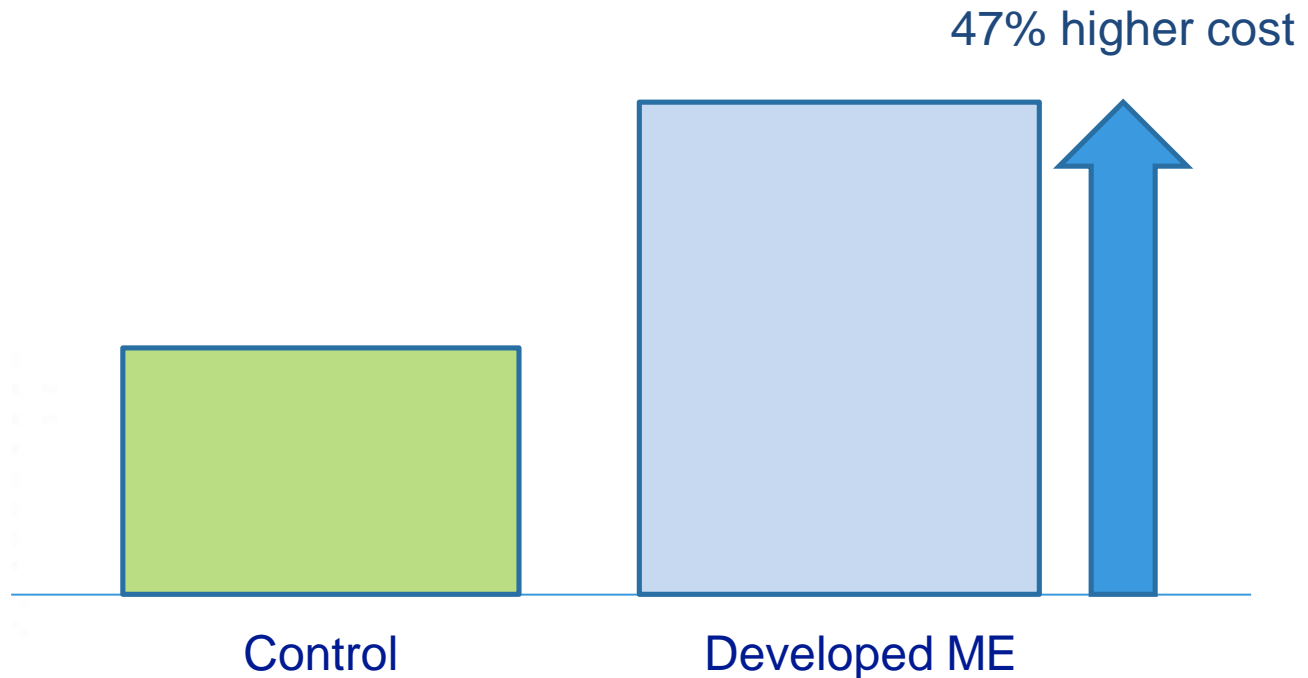
Quality of Vision

- Cystoid macular edema is **a common cause of decreased vision** after cataract surgery.
- Cystoid macular edema can develop even if cataract surgery was successful and uncomplicated.
- Patients may experience vision that is **reduced in quality without being reduced in acuity.**



Cost of Managing Macular Edema Post Cataract Surgery

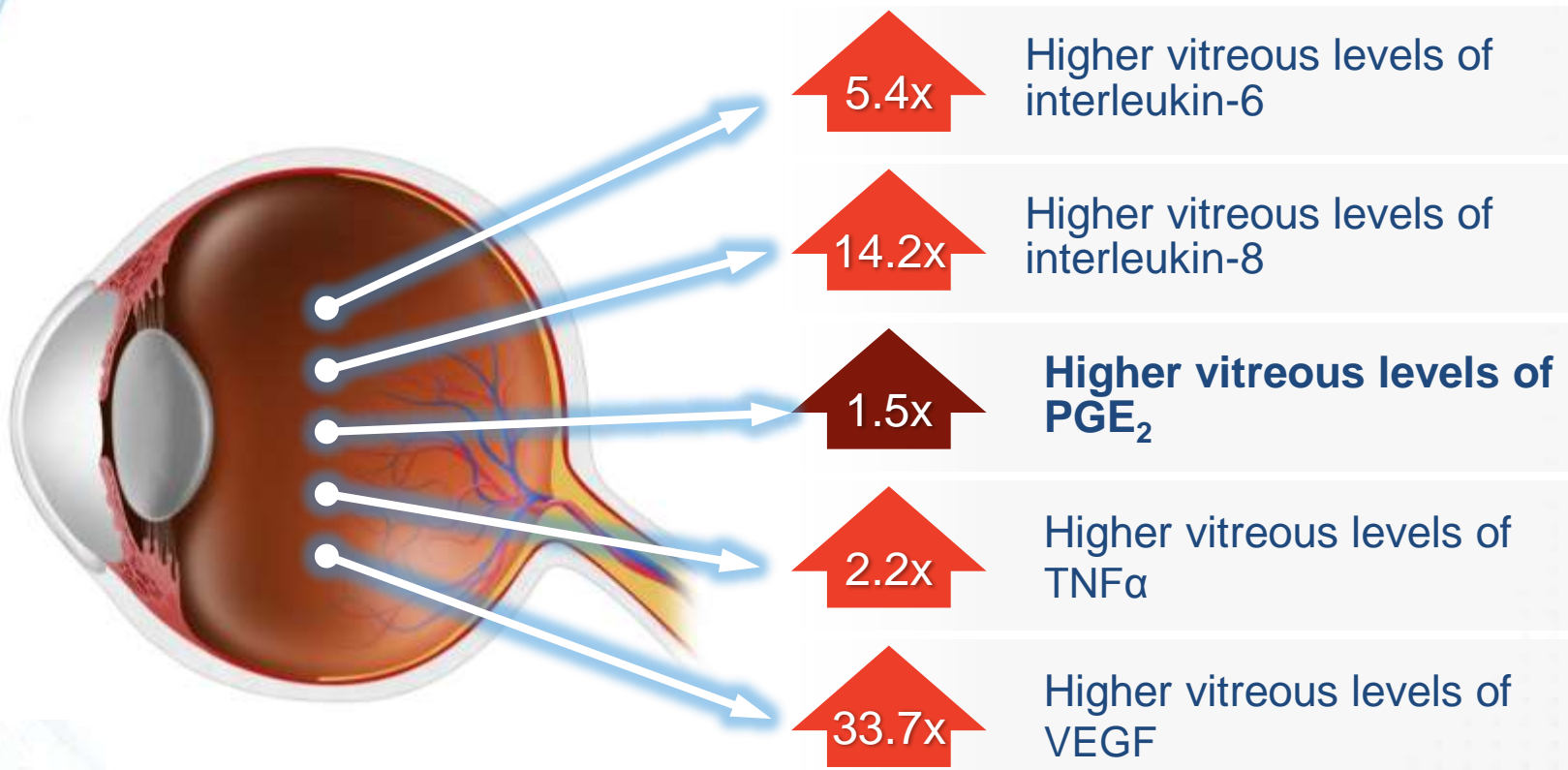
Preventing macular edema is likely to result in cost savings in both normal and diabetic patients.



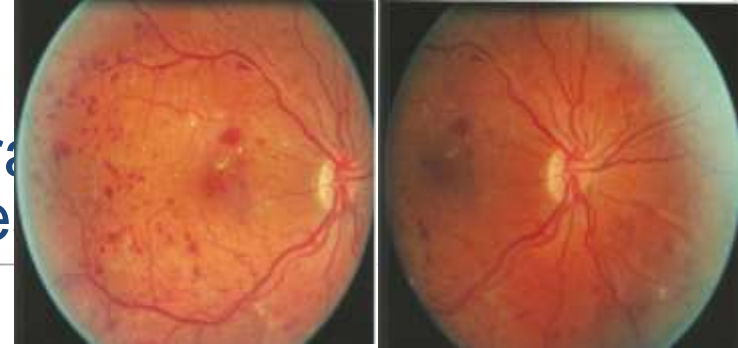
Note: NEVANAC is indicated in adults for the reduction in the risk of postoperative macular oedema associated with cataract surgery in diabetic patients.

Vitreous Prostaglandin Levels Are Higher in Eyes With Proliferative Diabetic Retinopathy

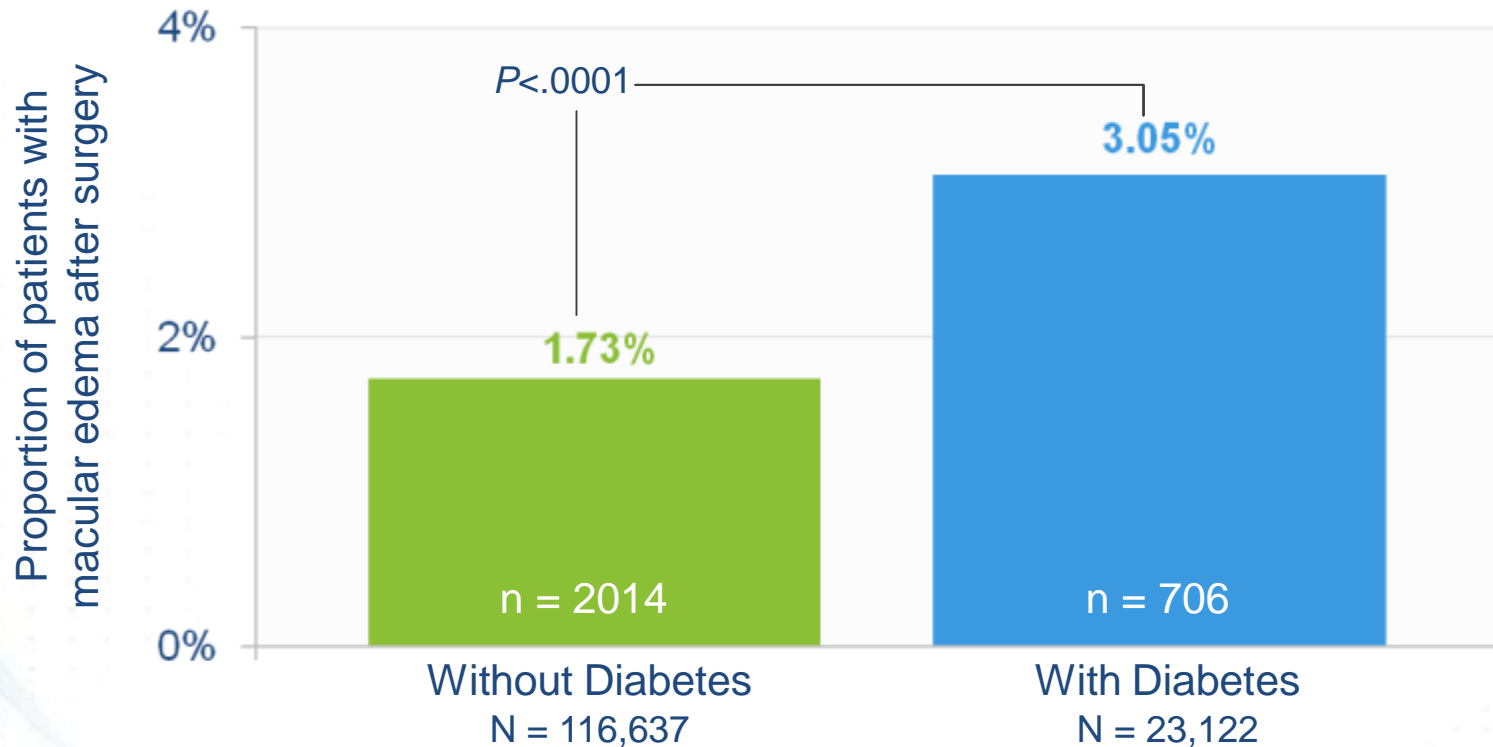
Compared to patients without any diabetic retinopathy, patients with proliferative diabetic retinopathy have:



Higher Incidence of Postoperative Macular Edema With Diabetes



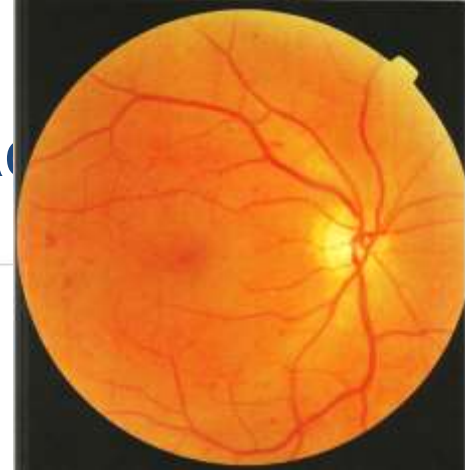
- Among patients filing Medicare claims for cataract surgery.
- Includes mix of cases with and without diabetic retinopathy.



NOTE: Based on patients with 1 or more cataract claims from the 1997–2001 Medicare 5% Beneficiary Encrypted Files; patients were analyzed by diagnosis of cystoid macular edema in the same quarter as or within the following 3 quarters after surgery. Schmier JK, et al. 2007. *Retina*.

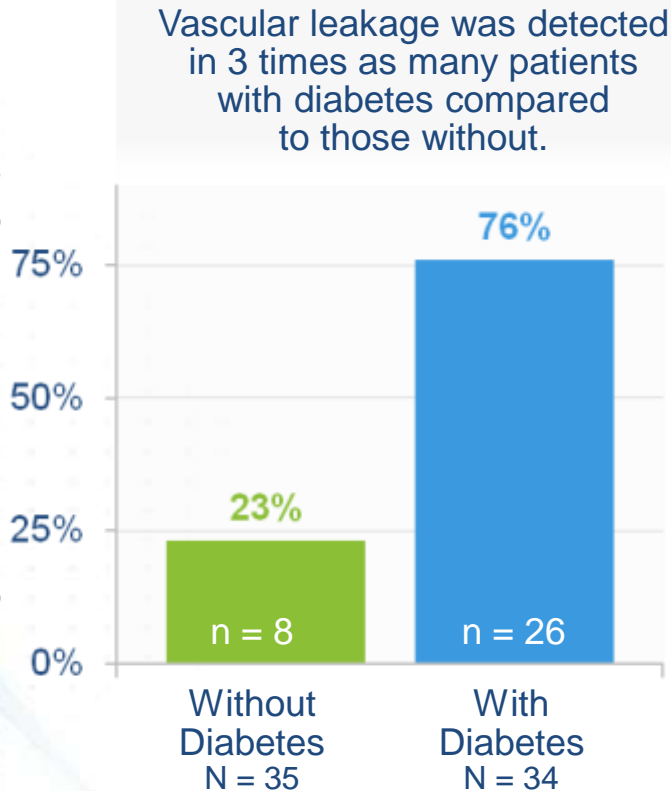
Note: NEVANAC is indicated in adults for the reduction in the risk of postoperative macular oedema associated with cataract surgery in diabetic patients.

Higher Incidence of Postoperative Macular Edema With Diabetic Retinopathy

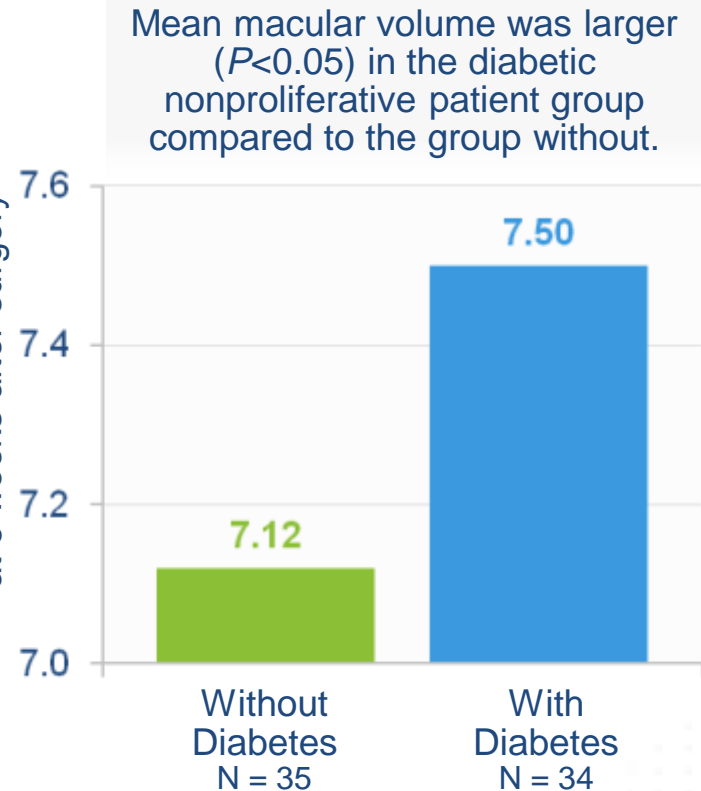


- All diabetic patients in the study had mild or moderate diabetic retinopathy.

Proportion of patients with vascular leakage at 6 weeks after surgery



Mean macular volume (mm³) at 6 weeks after surgery

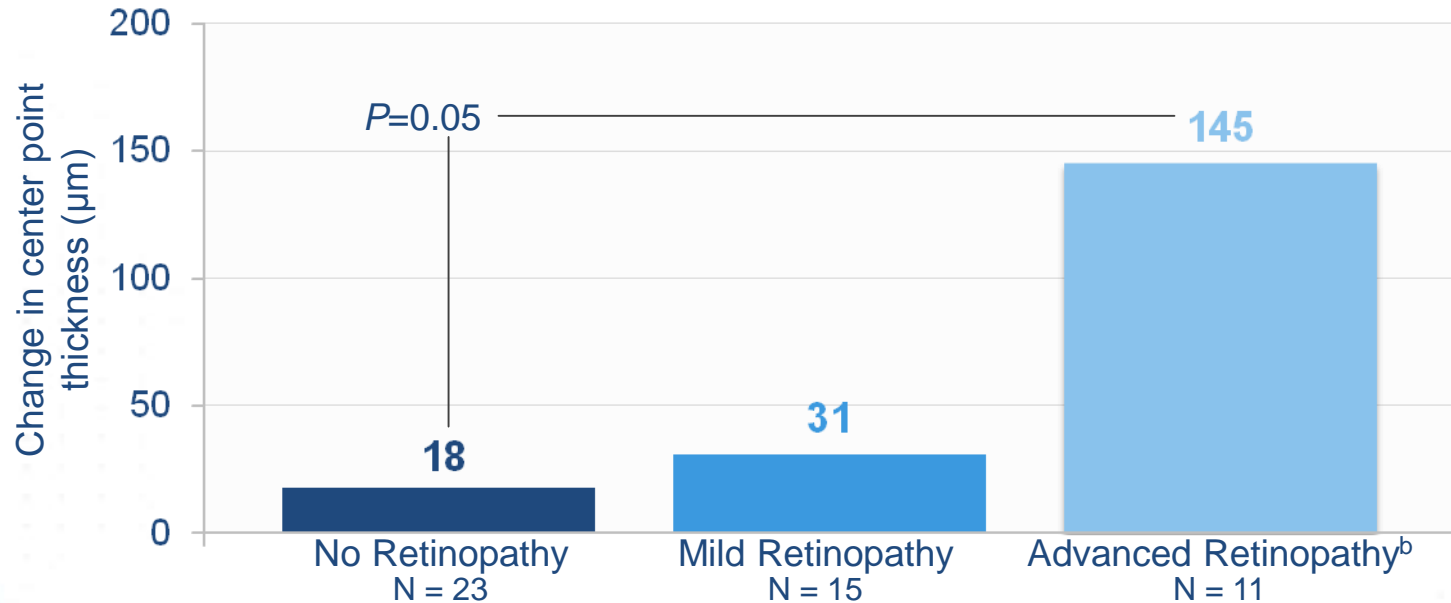


Note: NEVANAC is indicated in adults for the reduction in the risk of postoperative macular oedema associated with cataract surgery in diabetic patients.

Thicker Macular Edema in Patients With Advanced Diabetic Retinopathy



- Diabetic patients with varying severity of diabetic retinopathy.
- All patients had normal center point thicknessa ≤4 weeks.
- All phacoemulsification procedures were performed without complication.



a Center point thickness was measured on OCT as retinal thickness at the center point of the fovea.

b Advanced diabetic retinopathy included moderate and severe nonproliferative diabetic retinopathy, and proliferative diabetic retinopathy.

Kim SJ, et al. 2007. *Ophthalmology*.

Reasons for Increased Incidence of Macular Edema After Cataract Surgery in Patients With Diabetes

Higher levels of prostaglandins and other proinflammatory cytokines in the vitreous

Proliferative diabetic retinopathy vs without diabetic retinopathy

Higher incidence of vascular leakage after cataract surgery

Mild or moderate diabetic retinopathy vs without diabetes

Larger mean macular volume after cataract surgery

Mild or moderate diabetic retinopathy vs without diabetes

Higher incidence of macular edema diagnosis after cataract surgery

Diabetes vs without diabetes



Cystoid Macular Oedema after Cataract Surgery

Robert Johnston

Cheltenham General Hospital

Publishing in Ophthalmology

On Line Link will be sent

Risk Factors and Incidence of Macular Edema after Cataract Surgery

A Database Study of 81 984 Eyes

*Colin J Chu, Robert L Johnston, Charlotte Buscombe, Ahmed B Sallam, Quresh Mohamed,
Yit C Yang for the UK pseudophakic macular edema study group*

Ophthalmology – in press

Financial disclosures

- Director of Medisoft Limited.
- The data extraction and open access fees were sponsored by Alcon, but they have had no involvement in the study design, analysis or interpretation.

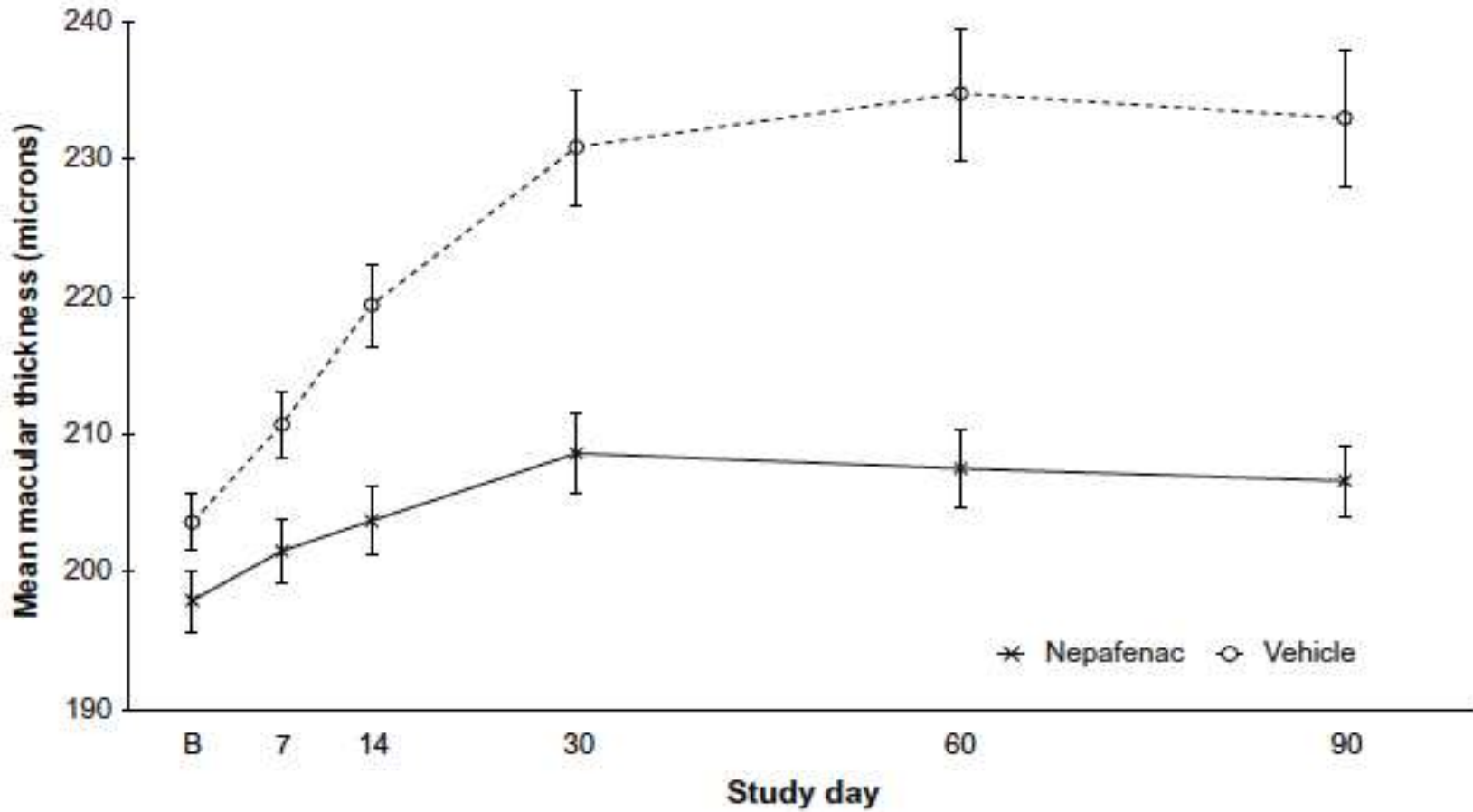
Importance & Incidence of CMO

- Cataract surgery common operations performed worldwide.
- Pseudophakic macular edema (PME) is the commonest early postoperative complication to limit vision.

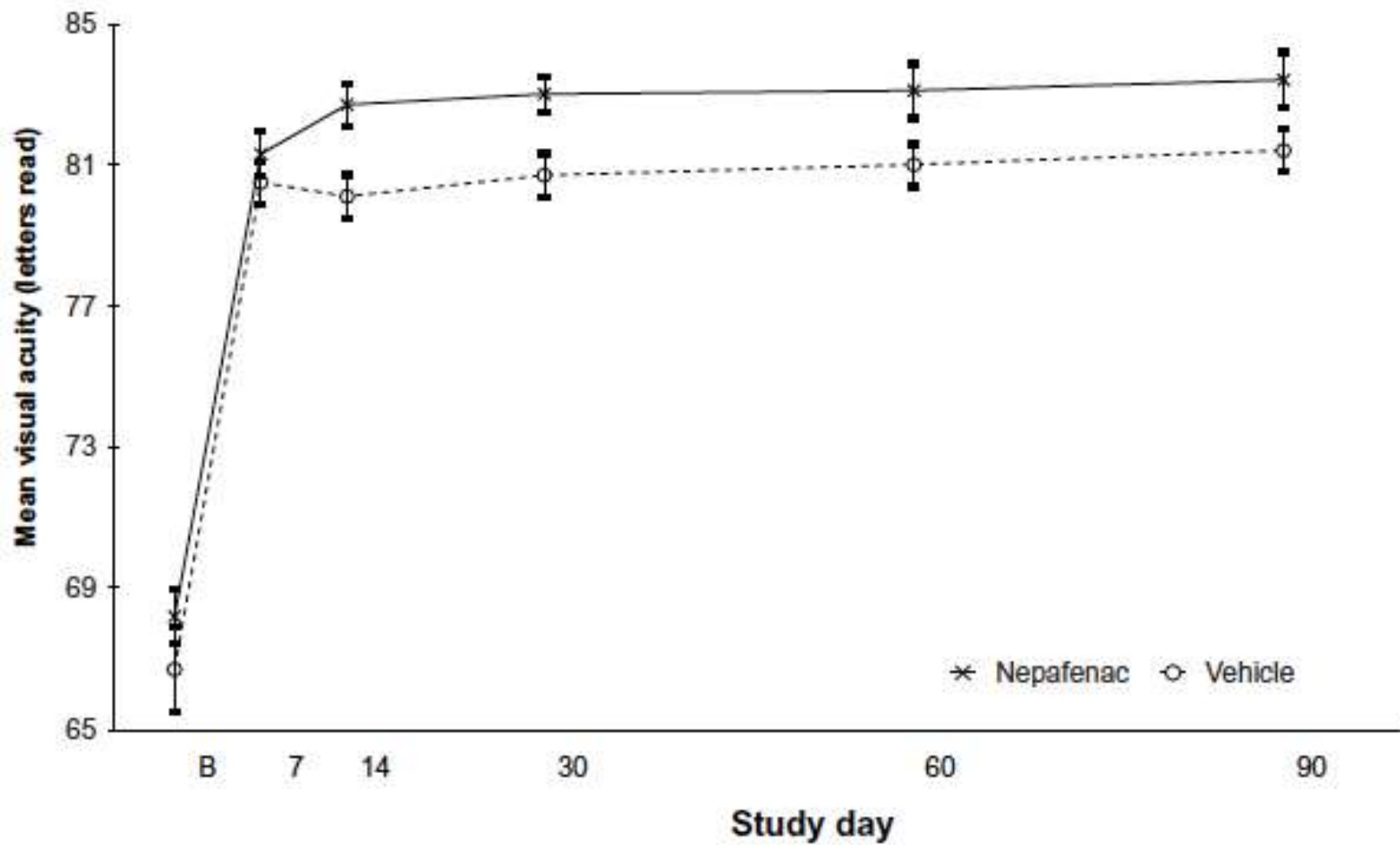
What is the incidence of PME and what are the risk factors?

- Largest **previous** clinical study was 1,659 eyes in the US. (*Henderson et al, 2007*)
 - It did not analyse patients with Diabetes.
- This study **81,984** eyes, including those in patients with diabetes, using Medisoft EMR

Role of Non-steroidal's Singh et al Macular Thickness



Visual Acuity



Medisoft Electronic Medical Record

2014

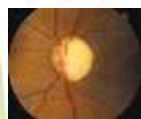
MEDISOFT'S CUSTOMERS

- NHS Hospital / Public Hospital Ireland
- Privately-run NHS Treatment Centre
- Private Hospital

- Nationally Agreed Datasets



Cataract



Glaucoma



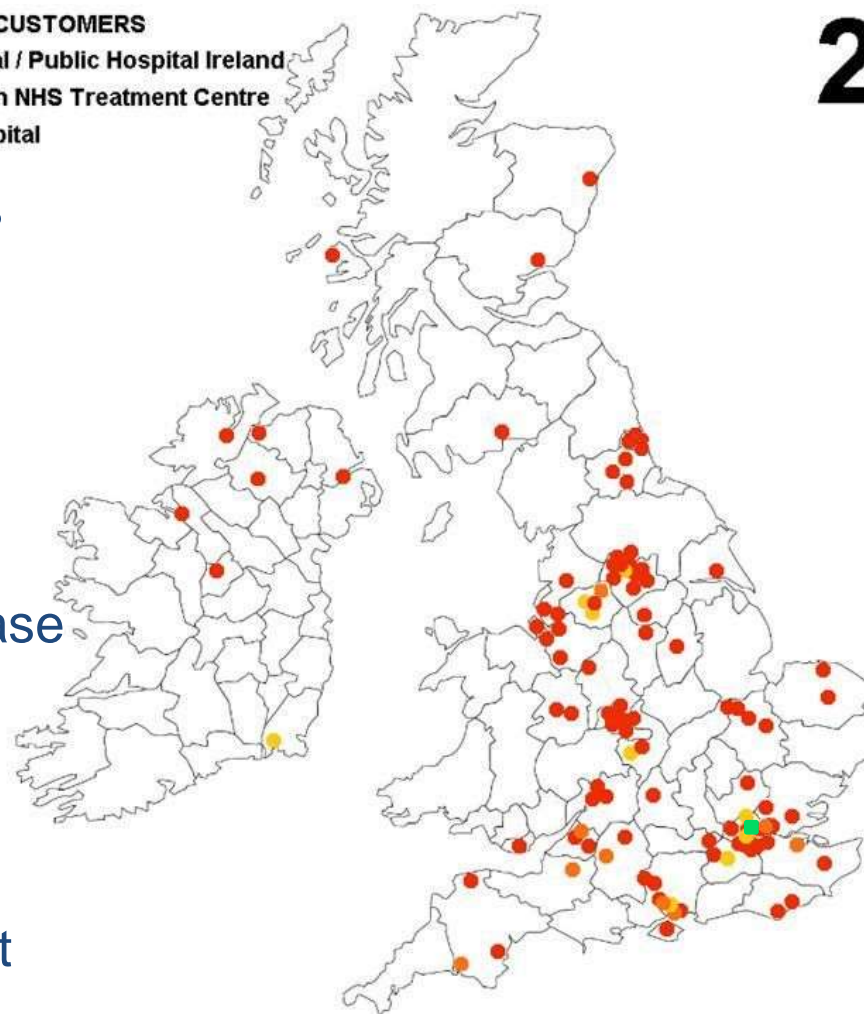
Diabetic Eye Disease



AMD



Retinal Detachment



Royal College of Ophthalmologists' National Cataract Audit

Structured data

Doctor's Clinic | Outcomes | Obs | Admin Information

Visual Acuity Refraction

Right Post seq

- free text search
- N.A.D.
- dilated fundus examination
- macula normal
- fundus normal
- flat retina
- fundal view
- drusen
- no retinopathy
- diabetes
- AMD
- vascular
- free text

clinical signs

- central serous retinopathy
- vitreoretinal
- choroidal
- toxic
- folds
- dystrophies / degenerations
- uveitis
- traumatic / perioperative
- lump/tumour

fixation stability

- pale lesions
- haemorrhage
- pigmentation
- macular
- previous laser treatment
- vascular signs
- retinal folds
- chorioretinal scar

atrophy

- coloboma
- cystoid macular oedema
- haemorrhage
- macular hole
- ERM
- laser scars
- retinal folds
- foveal retinoschisis
- subretinal fibrosis
- white dots

FH

SH

PMH

RoS

IOP

N.A.D.

free-text search (all examination)

N.A.D.

LEFT

Motility / Fields

Drawings

Hist Other

Right click to add as diagnosis

Doctor's Clinic | Outcomes | Obs | Admin Information

Visual Acuity Refraction

free-text search (all history)

PC POH

FH SH PMH RoS

free-text search (all examination)

RIGHT N.A.D. Appl Air Puff N.A.D. LEFT

Tong Rebound

Lids / Orbit

Conj / sclera

Cornea

AC / Gonio

Pupil / Iris

Lens

Vitreous

Post seg

cystoid macular oedema

Optic disc

C/D C/D

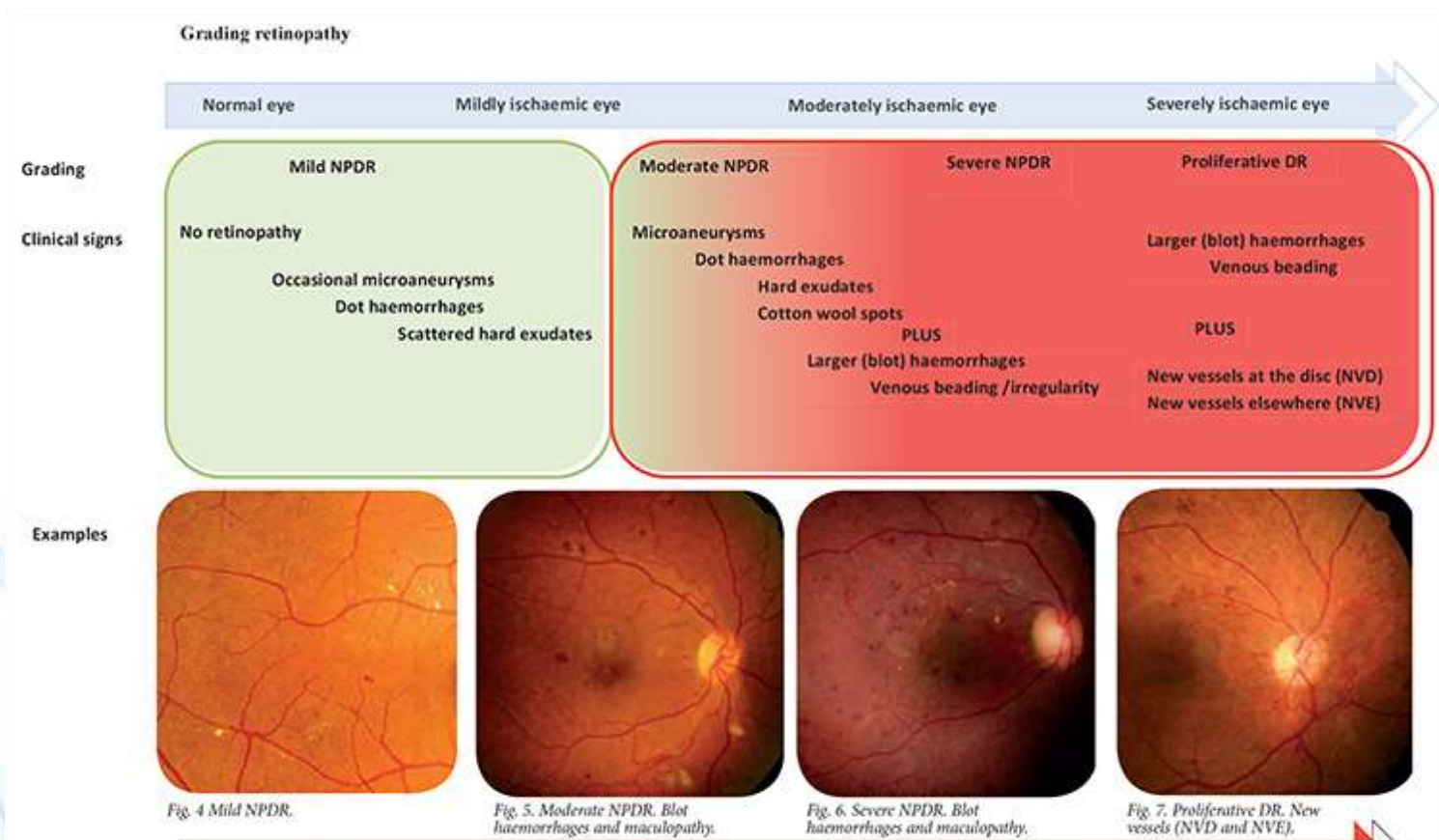
Motility / Fields

Drawings

Hist Other

UK & Medisoft unique

- Structured diabetic retinopathy assessment
- Pre & post-operatively
- Use Routinely at Hillingdon Now - National DRSS Grading set



Macular thickening THH – Quick to enter data – Cannot Save/Print/email till Completed all fields

© Doctor's outpatient clinic 16/01/2011

Doctor's Clinic | Outcomes | Obs | DR Assessment | Admin Information

Right View R M

No Lesions of DR
No Maculopathy

Retinopathy | **Maculopathy** | Grading Outcomes

haemorrhages / microaneurysms

- none
- <= 500 microns from foveal centre
- > 500 microns to 1 DD from foveal centre
- > 1 DD from foveal centre

exudates

- none
- under fovea
- < 500 microns from foveal centre
- 500 microns to 1 DD from foveal centre
- >1DD from foveal centre
- groups of exudates > 1DD from centre of fovea

retinal thickening

- none
- cystoid macular oedema
- at the centre of the fovea
- < 500 microns of the centre of the macula
- adjacent to exudates <500 microns from foveal centre
- zone(s) > 1 disc area, any part < 1 DD of foveal centre
- macular oedema but no CSMO

Other/response to treatment

Visual Impairment

Left View R M

No Lesions of DR
No Maculopathy

Retinopathy | **Maculopathy** | Grading Outcomes

haemorrhages / microaneurysms

- none
- <= 500 microns from foveal centre
- > 500 microns to 1 DD from foveal centre
- > 1 DD from foveal centre

exudates

- none
- under fovea
- < 500 microns from foveal centre
- 500 microns to 1 DD from foveal centre
- >1DD from foveal centre
- groups of exudates > 1DD from centre of fovea

retinal thickening

- none
- cystoid macular oedema
- at the centre of the fovea
- < 500 microns of the centre of the macula
- adjacent to exudates <500 microns from foveal centre
- zone(s) > 1 disc area, any part < 1 DD of foveal centre
- macular oedema but no CSMO

Other/response to treatment

Visual Impairment

Visual impairment predominantly due to diabetic retinopathy
 Visual impairment not predominantly due to diabetic retinopathy

Precise ETDRS grading

Doctor's outpatient clinic 16/01/2011

Doctor's Clinic | Outcomes | Obs | DR Assessment | Admin Information

Right View R good M good
 No Lesions of DR
 No Maculopathy

Retinopathy | Maculopathy | **Grading Outcomes**

Screening from 16/01/2011

| Classification | Grading outcome value |
|----------------|-----------------------|
| NSC | R1 |
| NSC | M0 |
| NSC | P0 |

This assessment

| Classification | Grading outcome value |
|----------------|--|
| NSC | R1 |
| NSC | M0 |
| NSC | P0 |
| International | moderate NPDR |
| International | diabetic macular oedema absent |
| ETDRS | mild NPDR |
| ETDRS | no clinically significant macular oedema |
| ETDRS Number | 35 |

no visual impairment

Visual Impairment

Left View R good M good
 No Lesions of DR
 No Maculopathy

Retinopathy | Maculopathy | **Grading Outcomes**

Screening from 16/01/2011

| Classification | Grading outcome value |
|----------------|-----------------------|
| NSC | R3 |
| NSC | M1 |
| NSC | P0 |

This assessment

| Classification | Grading outcome value |
|----------------|---------------------------------------|
| NSC | R2 |
| NSC | M1 |
| NSC | P0 |
| International | severe NPDR |
| International | severe diabetic macular oedema |
| ETDRS | severe NPDR |
| ETDRS | clinically significant macular oedema |
| ETDRS Number | 53 |

Visual impairment predominantly due to diabetic retinopathy

Data In Audit OUT



Home - Report Manager - Windows Internet Explorer

http://gint426/Reports/Pages/Folder.aspx?ViewMode=Detail

Robert J... Hom... x Glouce... Microso... Thank y... glosnhs...

Web Slice Gallery

Home | My Subscriptions | Help

SQL Server Reporting Services

Home

Delete | Move | Folder Settings | Tile View

| <input type="checkbox"/> | Type | Name ↓ | Description | Last Run | Modified Date | Modified By |
|--------------------------|--------|----------------|-------------|----------|------------------|---------------|
| <input type="checkbox"/> | Folder | AMD | | | 28/11/2013 16:37 | GLOS\medisoft |
| <input type="checkbox"/> | Folder | Cataract | | | 28/11/2014 15:55 | GLOS\medisoft |
| <input type="checkbox"/> | Folder | Data Sources | | | 07/07/2014 12:05 | GLOS\medisoft |
| <input type="checkbox"/> | Folder | Medical Retina | | | 16/10/2014 12:43 | GLOS\medisoft |

Items in Home

- SQL Server Back Office
- Cloud Based
- Hospital Based
- Instant Live Audits

Cataract - Report Manager - Windows Internet Explorer

http://glnt426/Reports/Pages/Folder.aspx?ItemPath=%2fCataract&ViewMode=Detail

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SQL Server Reporting Services
Cataract

Search

Delete | Move | Folder Settings | Tile View

| Type | Name | Description | Last Run | Modified Date | Modified By |
|--------|---|--|------------------|------------------|---------------|
| Folder | Drillthrough | | 28/11/2014 15:55 | 28/11/2014 15:55 | GLOS\medisoft |
| Report | Deviation from Predicted Spherical Equivalent Refraction | A bar chart graph of the deviation from predicted spherical equivalent refraction following cataract or clear lens surgery. The most recent measure of post-operative refraction within the specified time period is used. | 28/11/2014 15:55 | 28/11/2014 15:55 | GLOS\medisoft |
| Report | Incidence of Post-Cataract Surgery Cystoid Macular Oedema | This report shows the incidence of post-cataract surgery Cystoid Macular Oedema by year of surgery. Filters can be applied to limit the analysis to particular patient/eye groups. | 28/11/2014 15:55 | 28/11/2014 15:55 | GLOS\medisoft |



Incidence of Post-Cataract Surgery Cystoid Macular Oedema - Report Manager - Windows Internet Explorer

http://gInt426/Reports/Pages/Report.aspx?ItemPath=%2fCataract%2fIncidence+of+

Home > Cataract > Incidence of Post-Cataract Surgery Cystoid Macular Oedema

Cataract Date From: 21/11/2005 Cataract Date To: 09/01/2015 View Report

Age Range Start: 0 Age Range End: 113

Pre-Operative CMO Prophylaxis: NSAID within 2 weeks Pre-Op, N Post-Operative CMO Prophylaxis: NSAID Prescribed Post-Op, No N

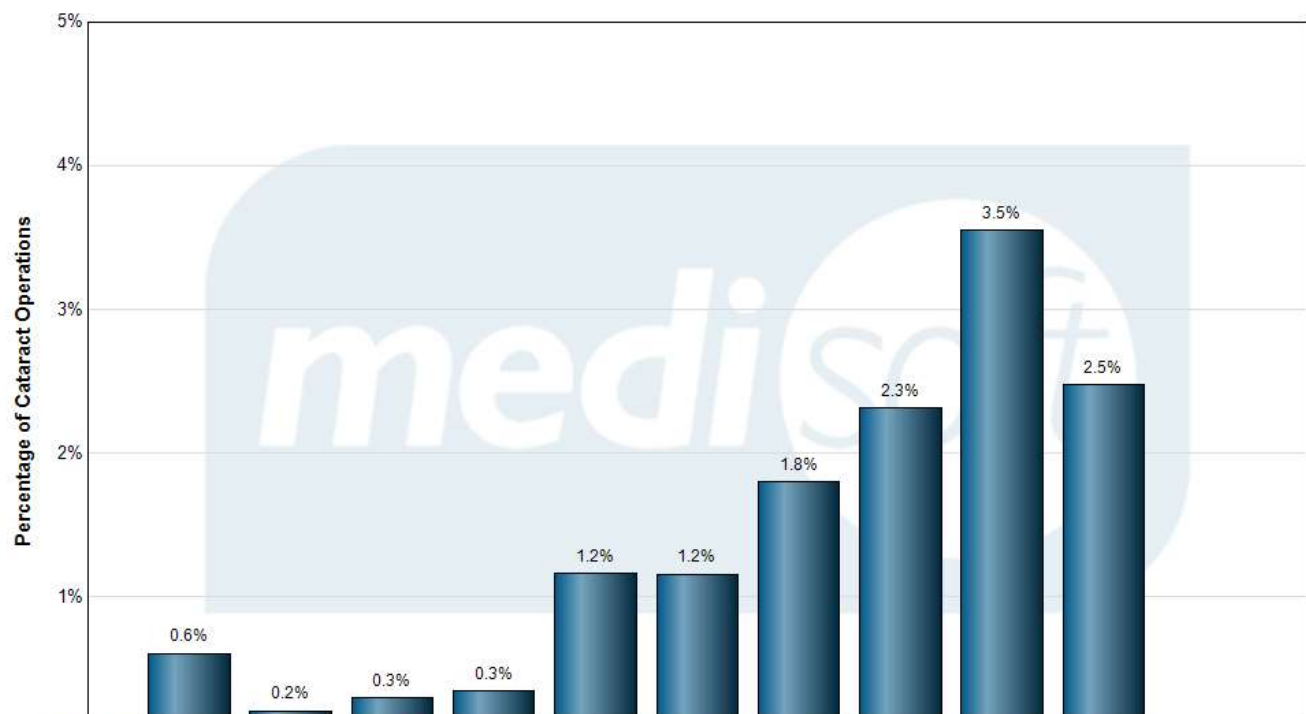
Diabetic Status: Not Diabetic, Diabetic - Type No Pre-OP ETDRS Grade: ETDRS Grade Not Applicable / N

Pre-Op DMO: CSMO, Macular Oedema but no Operative Complications: none, conjunctival buttonhole, cc

Other Pre-Op Risk Factors: None, Epiretinal Membrane, Pros

T Incidence of Post-Cataract Surgery Cystoid Macular Oedema

(Click on a column to drill-down)





Report Description

This report shows the incidence of post-cataract surgery cystoid macular oedema, recorded within 3 months, by year of surgery. Filters can be applied to link to particular patient/eye groups. An excel data export allows even more detailed analysis.

Report Criteria

[Click to View Selected Criteria](#)

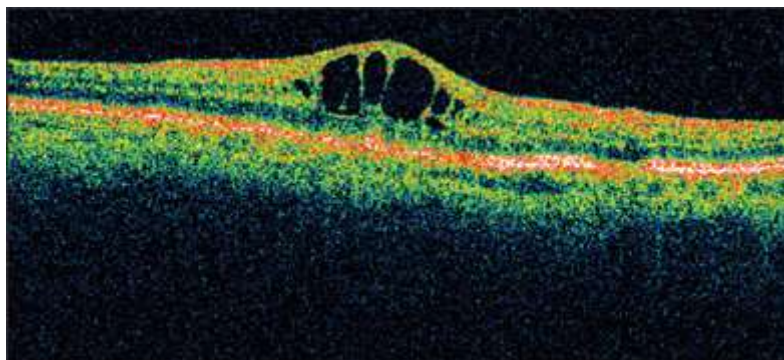
Report Summary Data

| Report Year | Total Cataract Operations | Total Cataract Operations Filtered | Eyes with Post Op CMO | Percentage Eyes with Post Op CMO |
|--------------|---------------------------|------------------------------------|-----------------------|----------------------------------|
| 2009 | 4223 | 4215 | 49 | 1.2% |
| 2010 | 4231 | 4227 | 49 | 1.2% |
| 2011 | 3217 | 3216 | 58 | 1.8% |
| 2012 | 3546 | 3541 | 82 | 2.3% |
| 2013 | 4031 | 4026 | 143 | 3.6% |
| 2014 | 4399 | 4393 | 109 | 2.5% |
| 2015 | 89 | 89 | 0 | 0.0% |
| Total | 23736 | 23707 | 490 | 2.1% |

Export Report Source Data

[Click to View Report Source Data](#)

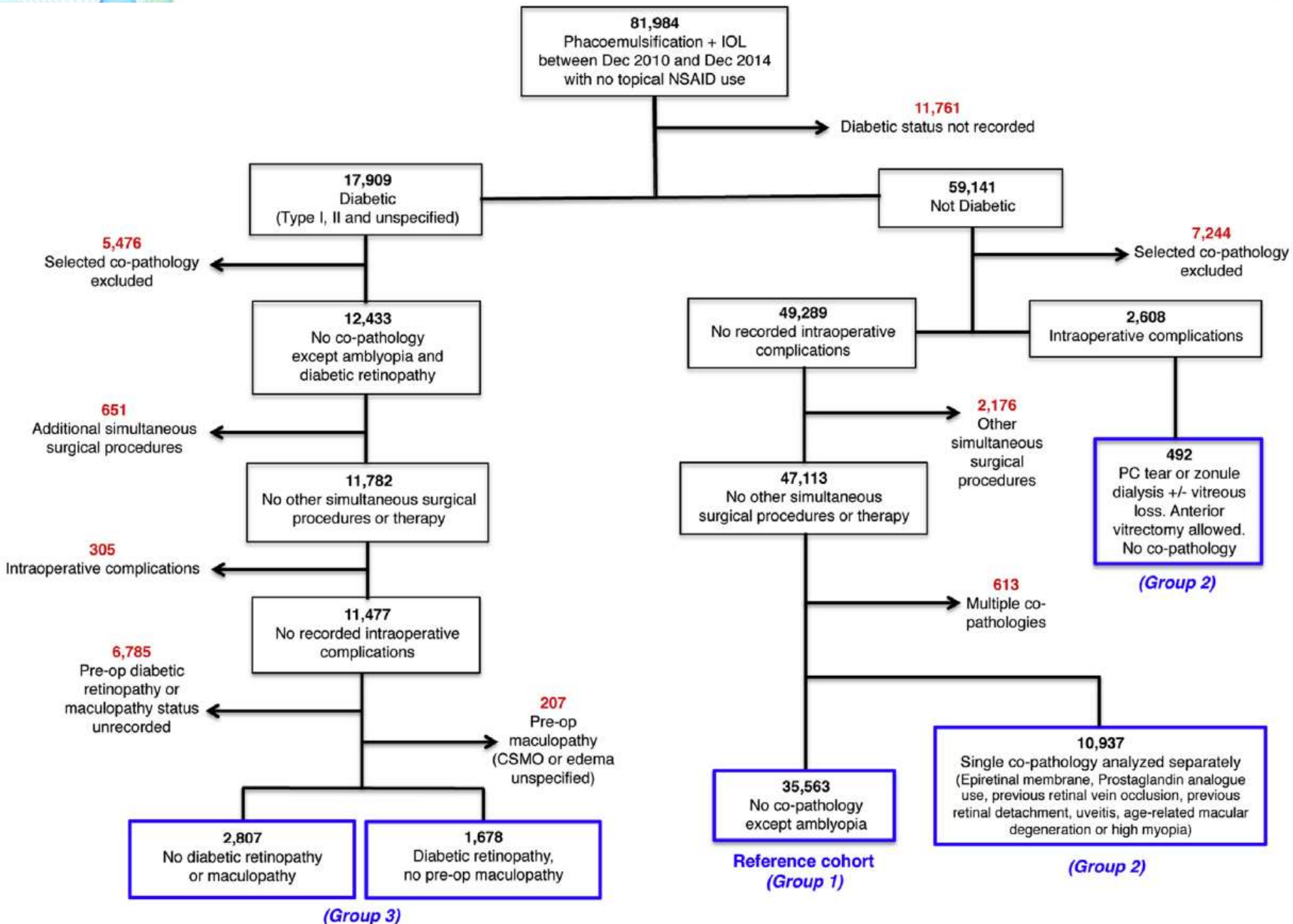
DEVELOPED BY





Methods

- 8 centres, IG permission, anonymised data extracted & collated
- No prophylactic NSAIDs
- Diabetic retinopathy status
- Specific filtered single risk factors
 - Epiretinal membrane
 - Previous retinal vein occlusion
 - Previous RD surgery
 - Uveitis
 - PC tear / vitreous loss
 - Prostaglandin analogue use
 - Dry AMD





Group 1

No Diabetes

No risk factors



**The incidence of post-operative clinically
significant PME
of 1.17%**

(415 eyes had CMO of 35,563 eyes at risk)

Table 1. Nominal Data Characteristics of the Baseline Reference Cohort (Group 1) Comparing Eyes with Pseudophakic Macular Edema after Surgery with Those without Pseudophakic Macular Edema

| | No Pseudophakic Macular Edema (No. of Eyes) | Pseudophakic Macular Edema (No. of Eyes) | Incidence (%) | P Value |
|--------------------------------|---|---|------------------|------------|
| Gender | | | | |
| Male | 13,679 | 193 | 1.391 | 0.0019 |
| Female | 21,469 | 222 | 1.023 | |
| Eye | | | | |
| Left | 17,377 | 210 | 1.194 | 0.637 |
| Right | 17,770 | 205 | 1.140 | |
| Pupil size | | | | |
| Small | 737 | 11 | 1.471 | 0.538 |
| Large | 29,408 | 344 | 1.156 | |
| Surgeon experience | | | | |
| Junior surgeon (resident) | 2459 | 33 | 1.265 | 0.514 |
| Senior surgeon (consultant) | 17,792 | 197 | 1.107 | |

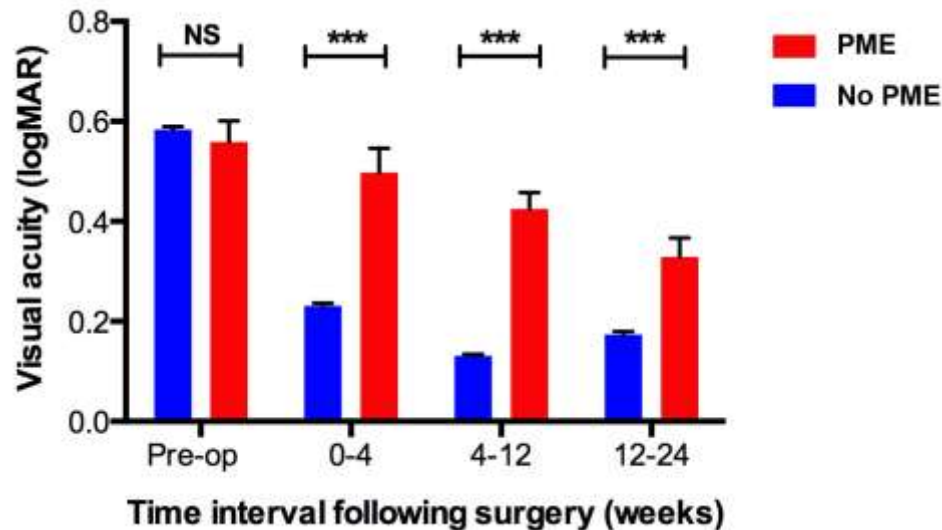
Male gender was associated with an increased incidence of postoperative pseudophakic macular edema. Small pupils or surgeons in the early years of training did not show a higher risk of postoperative pseudophakic macular edema. *P* values are shown for chi-square tests with Yates' correction.

Table 2. Continuous Data Characteristics of the Baseline Reference Cohort (Group 1) Comparing Eyes with Pseudophakic Macular Edema after Surgery with Those without Pseudophakic Macular Edema

| | No Pseudophakic Macular Edema | | | Pseudophakic Macular Edema | | | P Value |
|-------------------------------------|-------------------------------|--------------------|-------------|----------------------------|--------------------|-------------|---------|
| | Mean | Standard Deviation | No. of Eyes | Mean | Standard Deviation | No. of Eyes | |
| Age (yrs) | 74.42 | 10.42 | 35,146 | 76.33 | 9.53 | 414 | 0.0002 |
| Preoperative VA (logMAR) | 0.590 | 0.495 | 35,109 | 0.567 | 0.567 | 415 | 0.3476 |
| Postoperative VA (logMAR) | | | | | | | |
| Within 4 wks | 0.224 | 0.285 | 15,251 | 0.496 | 0.362 | 241 | <0.0001 |
| 4–12 wks | 0.140 | 0.243 | 18,738 | 0.422 | 0.308 | 371 | <0.0001 |
| 12–24 wks | 0.178 | 0.252 | 9259 | 0.328 | 0.281 | 236 | <0.0001 |
| Axial length (mm) | 23.40 | 1.183 | 35,137 | 23.35 | 1.164 | 415 | 0.3919 |
| IOP (mmHg) | | | | | | | |
| Before surgery | 16.15 | 3.175 | 26,780 | 16.43 | 3.285 | 343 | 0.1048 |
| First within 3 months after surgery | 14.90 | 3.374 | 21,479 | 15.31 | 3.264 | 371 | 0.0202 |

IOP = intraocular pressure; logMAR = logarithm of the minimum angle of resolution; VA = visual acuity.

Statistically significant findings included older age in the cystoid macular edema group, with a relatively lower VA at all time points studied. Intraocular pressure decreased after surgery as expected, but was higher in the pseudophakic macular edema group. *P* values were generated by multiple *t* tests using the Holm-Sidak method for multiple comparisons using an α of 5.00.





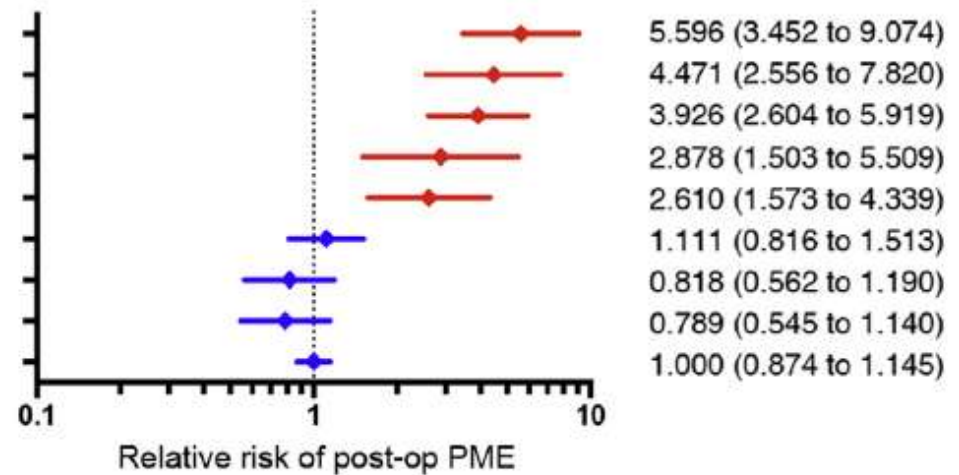
Group 2

No Diabetes

Eyes with a single 'risk factor'

Group 2 – Eyes with a single ‘risk factor’

| | No PME (eyes) | PME (eyes) | Incidence (%) |
|-------------------------|------------------|---------------|------------------|
| Epiretinal membrane | 229 | 16 | 6.53 |
| Retinal vein occlusion | 218 | 12 | 5.22 |
| Previous RD repair | 479 | 23 | 4.58 |
| Uveitis | 259 | 9 | 3.36 |
| PC-tear/vitreous loss | 477 | 15 | 3.05 |
| Prostaglandin analogues | 3,350 | 44 | 1.30 |
| High Myopia | 3,009 | 29 | 0.95 |
| Dry ARMD | 3,230 | 30 | 0.92 |
| Reference cohort | 35,148 | 415 | 1.17 |





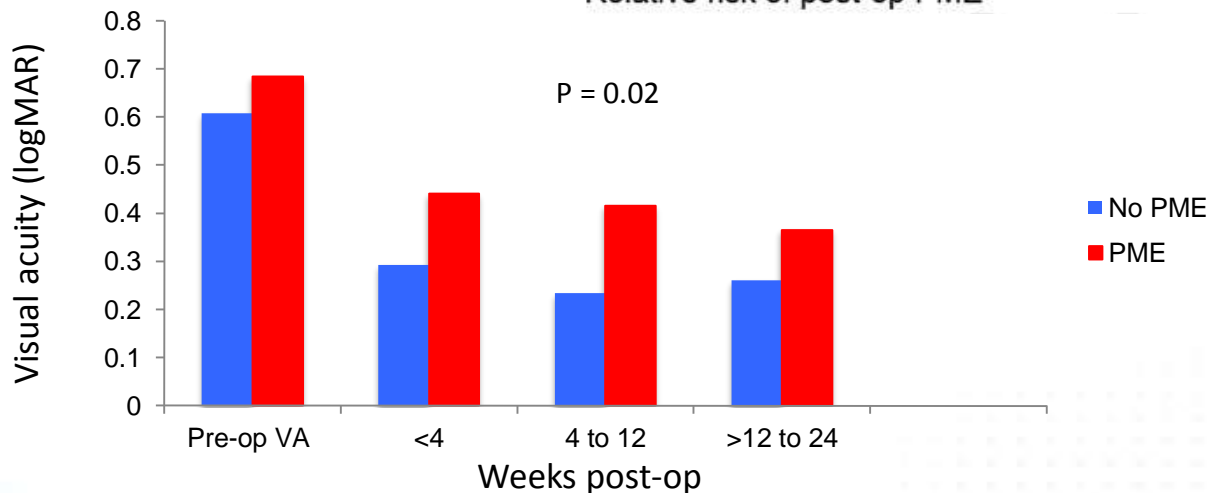
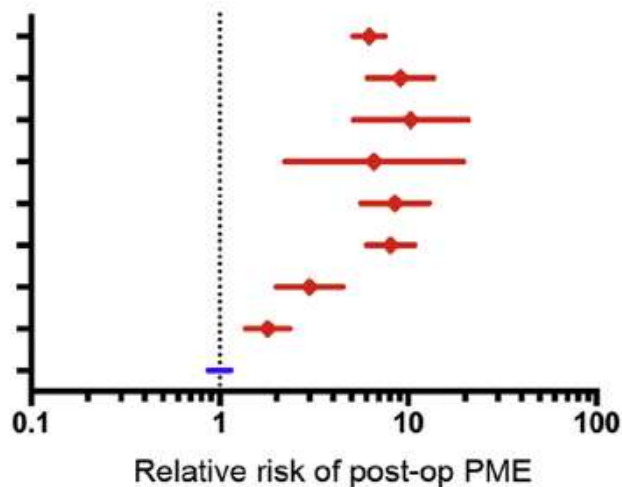
Group 3

Diabetes & Diabetic Retinopathy

No other risk factors

Group 3 – Eyes from patients with Diabetes

| | No PME (eyes) | PME (eyes) | Incidence (%) | Relative risk (and 95% CI) |
|-------------------------|------------------|---------------|------------------|-------------------------------|
| Any DR | 1,556 | 122 | 7.27 | 6.230 (5.122 to 7.578) |
| PRP and stable PDR | 185 | 22 | 10.63 | 9.108 (6.066 to 13.675) |
| All PDR | 51 | 7 | 12.07 | 10.342 (5.130 to 20.853) |
| Severe NPDR | 36 | 3 | 7.69 | 6.592 (2.213 to 19.634) |
| Moderate NPDR | 190 | 21 | 9.95 | 8.529 (5.621 to 12.941) |
| Mild NPDR | 432 | 45 | 9.43 | 8.084 (6.025 to 10.848) |
| Very mild NPDR | 662 | 24 | 3.50 | 2.998 (2.001 to 4.493) |
| DM no DR | 2,748 | 59 | 2.15 | 1.801 (1.375 to 2.360) |
| <i>Reference cohort</i> | 35,148 | 415 | 1.17 | 1.000 (0.874 to 1.145) |



Diabetes – no retinopathy (n = range 94 – 224)

Incidence of Post-Cataract Surgery Cystoid Macular Oedema

(Click on a column to drill-down)



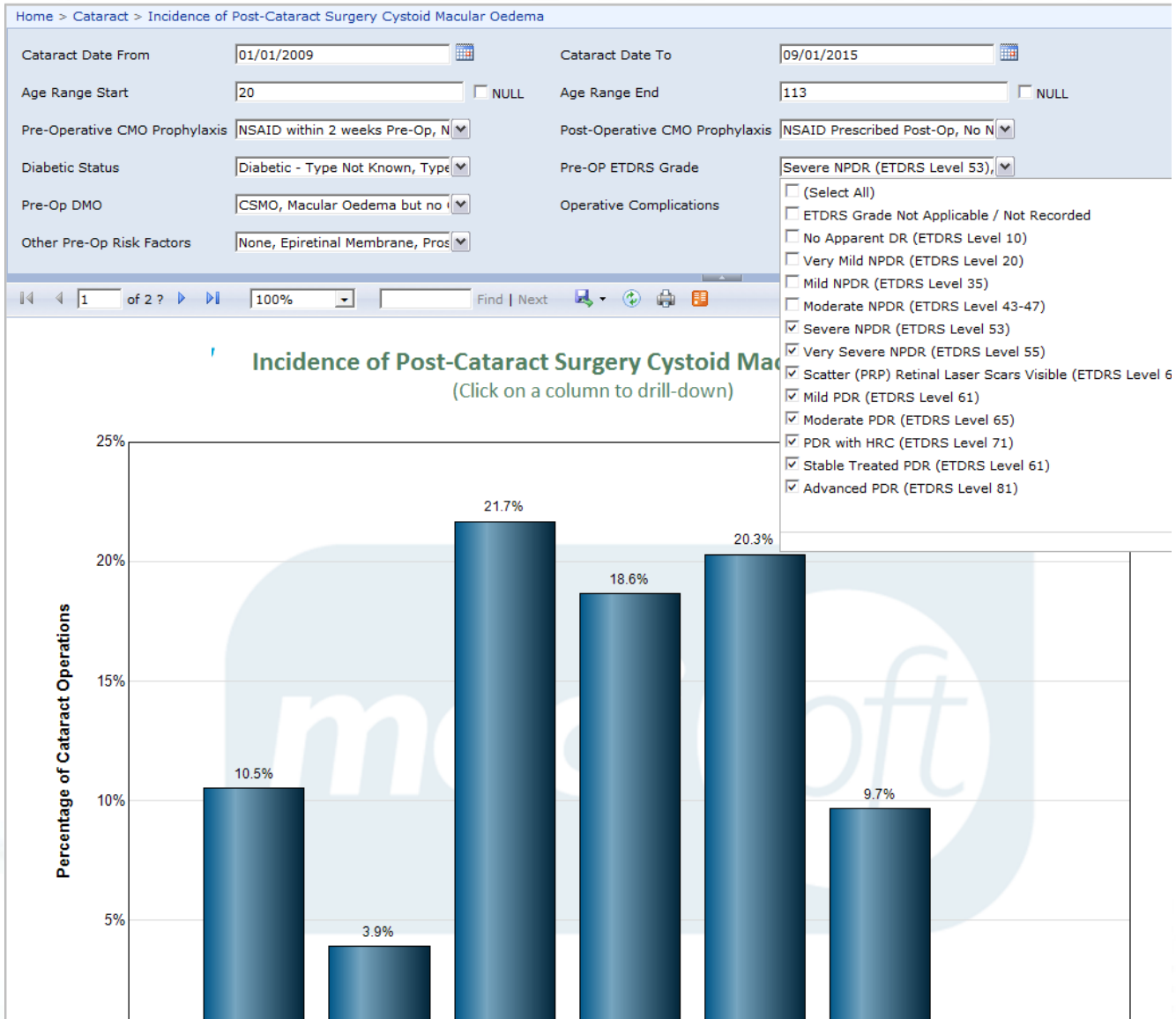
Diabetes + any retinopathy (n = range 145 – 220)

Incidence of Post-Cataract Surgery Cystoid Macular Oedema

(Click on a column to drill-down)



Diabetic – \geq severe retinopathy (n =

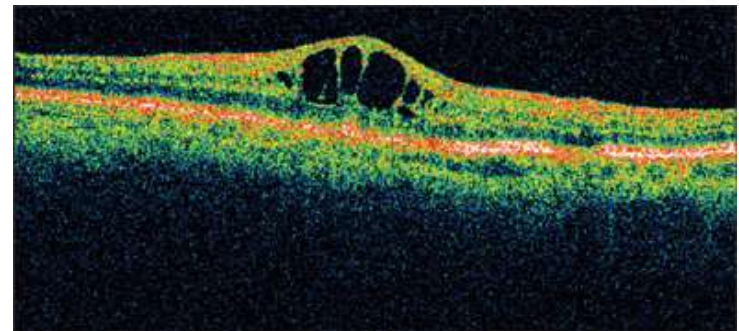


Conclusions of this study

- Uncomplicated cases real-world incidence is at least **1.17%**.
- Visual acuity in eyes developing PME did not recover to comparable levels, even with treatment within 12-24 weeks.
- Therefore prophylaxis in high risk groups may be advisable.
- High risk groups include:
 - Eyes from patients with Diabetes with or without retinopathy.
 - Surgical complications including PC rupture.
 - Co-pathology including ERM, Uveitis, previous RVO and RD.
- Pre-operative topical prostaglandin analogue use is not associated with increased incidence of PME.
- Prevention better than Cure

Additional analyses needed

- Health economics analysis
 - Number of visits
 - Additional treatments
 - Visual acuity impact long-term
- Phase 2
 - Impact of NSAIDs
 - Nevanac License for Prevention of DMO in Diabetics
 - Approval by Hospital Pharmacy Boards
 - Increased use of NSAID post operatively world wide
 - Routine use of OCT



Thanks

| | |
|------------------|---|
| Sobha Sivaprasad | King's College Hospital NHS Foundation Trust |
| Clare Bailey | University Hospitals Bristol NHS Foundation Trust |
| Arijit Mitra | Sandwell and West Birmingham Hospitals NHS Trust |
| Atul Varma | Mid Yorkshire Hospitals NHS Trust |
| Martin Mckibbin | Leeds Teaching Hospitals NHS Trust |
| Muhammed Tahir | Royal Berkshire NHS Foundation Trust |
| Nick Lee | The Hillingdon Hospitals NHS Foundation Trust |
| Peter Scanlon | Gloucestershire Hospitals NHS Foundation Trust |



When to give NSAIDs

Aim of Physicians is to prevent not Treat CMO

- Consensus
 - Pre-operative 1-2 days
 - But 1-2 hours may be enough
 - Post-op 3-4 weeks if no risk factors qds
 - 60 days in license
 - Once a day formulation due soon
- Geographical variation
 - USA Combined with steroids & antibiotics
 - Denmark used alone



Risks of NSAIDs

- Corneal complications
 - Punctate keratitis
 - Epithelial defects
 - Delayed wound healing
 - Stinging & irritation
 - Corneal infiltrates / melts

- Diclofenac, ketorolac & bromfenac – poor corneal penetration

- [J Cataract Refract Surg.](#) 2007 Nov;33(11):1974-5.

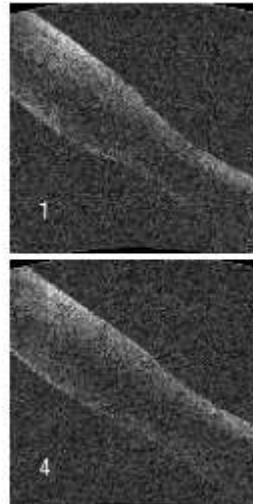
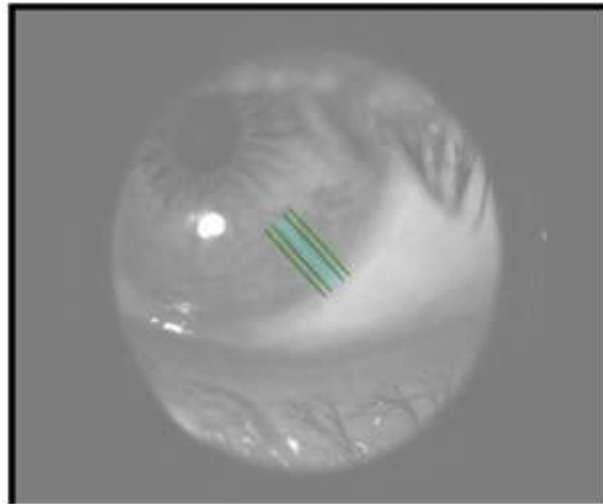
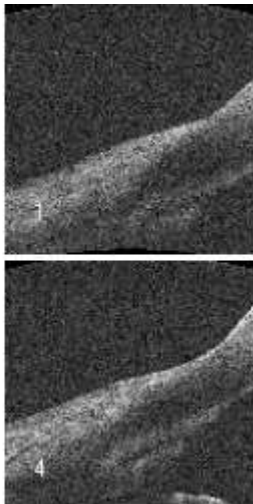
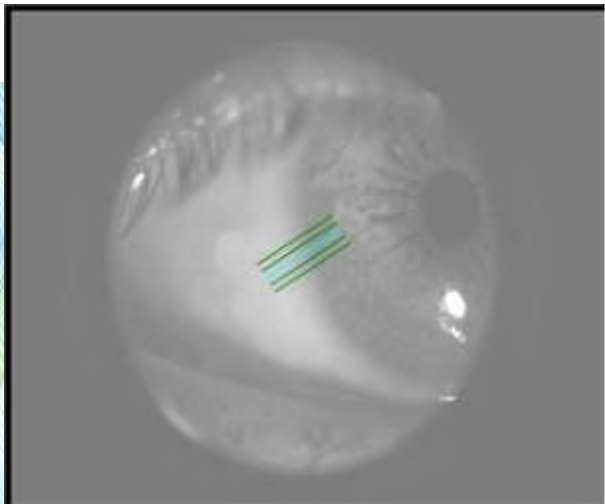
- **Nepafenac-associated corneal melt.**

- [Wolf EJ1](#), [Kleiman LZ](#), [Schrier A](#).

- **[Author information](#)**

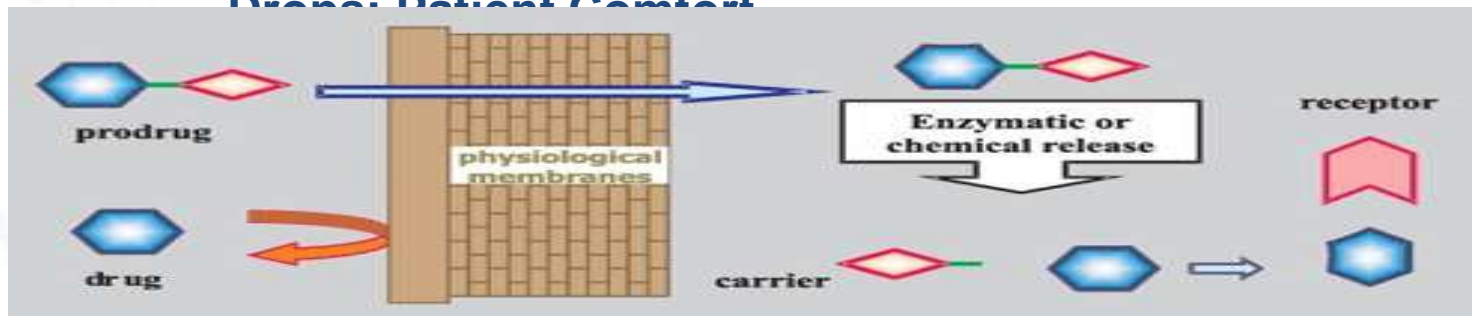
- **Abstract**

- We describe a patient with systemic graft-versus-host disease who developed a nonhealing epithelial defect after cataract surgery that healed on cessation of a topical nonsteroidal antiinflammatory drug (NSAID) (ketorolac). The patient developed a central corneal perforation in the fellow eye while on a new NSAID formulation (nepafenac) after routine cataract surgery. Our case suggests that new topical NSAIDs may be similar to older NSAID formulations in promoting corneal melting in patients predisposed to poor epithelialization and corneal wound healing.



Claimed advantages of Nepafenac

- Nepafenac – pro-drug, rapidly penetrates cornea, ‘deaminated’ to amfenac by intraocular hydrolases
- No stinging, or burning
- RCT, double-masked, vehicle controlled study
- Patients with diabetes having cataract surgery
- CMO 3.2% vs 16.7%
- OCT ($\geq 30\%$ increase in subfield thickness)
- Clinical Trials Gov
 - Comparison of Diclofenac vs. Nepafenac Ophthalmic Drops: Patient Comfort



Singh et al. Clinical Ophthalmology June 2012, RCT, double-masked 263 diabetic patients

Clinical available NSAID's

| Generic | Brand | Manufacturer | Chemical class | Formulation |
|----------------|--------------|---------------------|-----------------------|--------------------|
| Ketorolac | Acular | Allergan | Phenylalkanoic acid | 0.5% solution |
| Diclofenac | Voltaren | Novartis | Phenylacetic acid | 0.1% solution |
| Nepafenac | Nevanac | Alcon | Arylacetic acid | 0.1% suspension |
| Bromfenac | Xibrom | Bausch and Lomb | Phenylacetic acid | 0.09% solution |

Relative Potency of NSAID Lower is more effective NSAID

| IC₅₀ COX-2 (nM) | | IC₅₀ COX-2 (nM) | |
|-----------------------------------|-----|-----------------------------------|-----|
| Bromfenac | 6.6 | Bromfenac | 23 |
| Ketorolac | 120 | Diclofenac | 85 |
| | | Amfenac | 150 |

Bromfenac Side effects

| Ocular adverse events | Bromfenac 0.09% | Vehicle |
|-----------------------------------|------------------------|----------------|
| Number | 356 (100%) | 171 (100%) |
| Iritis | 7.0% | 18.1% |
| Abnormal sensation in eye | 6.5% | 8.2% |
| Eye pain | 4.2% | 11.7% |
| Eye pruritis | 3.9% | 2.9% |
| Posterior capsule opacification | 3.9% | 4.1% |
| Partial vision loss | 3.1% | 9.4% |
| Eye irritation (burning/stinging) | 2.5% | 4.7% |
| Eye redness | 2.2% | 7.6% |
| Conjunctival hyperemia | 2.2% | 11.1% |
| Photophobia | 2.0% | 11.1% |

[Clin Ophthalmol. 2009; 3: 199–210.](#)

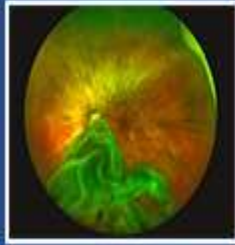
Bromfenac vs ketorolac vs diclofenac for the treatment of acute pseudophakic CME

- Rho et al⁸⁰ presented results of a study comparing bromfenac ophthalmic solution with diclofenac and ketorolac for the treatment of acute pseudophakic CME. Sixty-four eyes with documented CME after uncomplicated cataract surgery were randomized to receive bromfenac bid, diclofenac qid, or ketorolac qid for 3 months.
- All 3 treatment groups achieved statistically significant visual improvement,
- The differences between the groups were not significant, there was a trend toward significance for the bromfenac group.
- Rho concluded that twice-daily bromfenac was statistically as effective as diclofenac or ketorolac dosed 4 times daily



Conclusions

- Patient need – there is a problem with CMO
- Under-recognised
- Nepafenac
 - Licensed for diabetics having cataract surgery
 - Prevention & treatment post-op pain & inflammation
 - To treat cystoid macular oedema
 - Anecdotally great in uveitits



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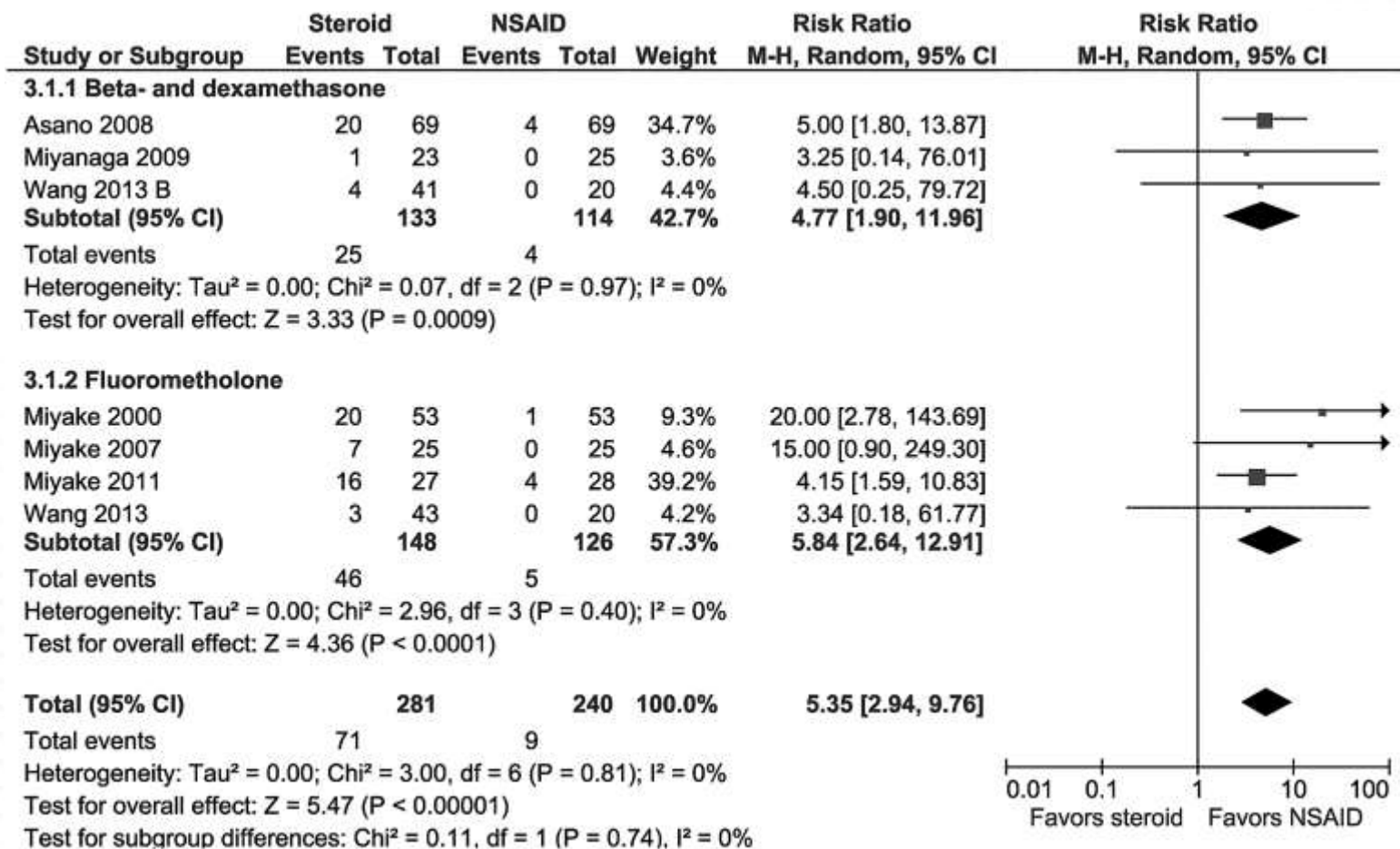
Post-cataract Prevention of Inflammation and Macular Edema by Steroid and Nonsteroidal Anti-inflammatory Eye Drops

A Systematic Review

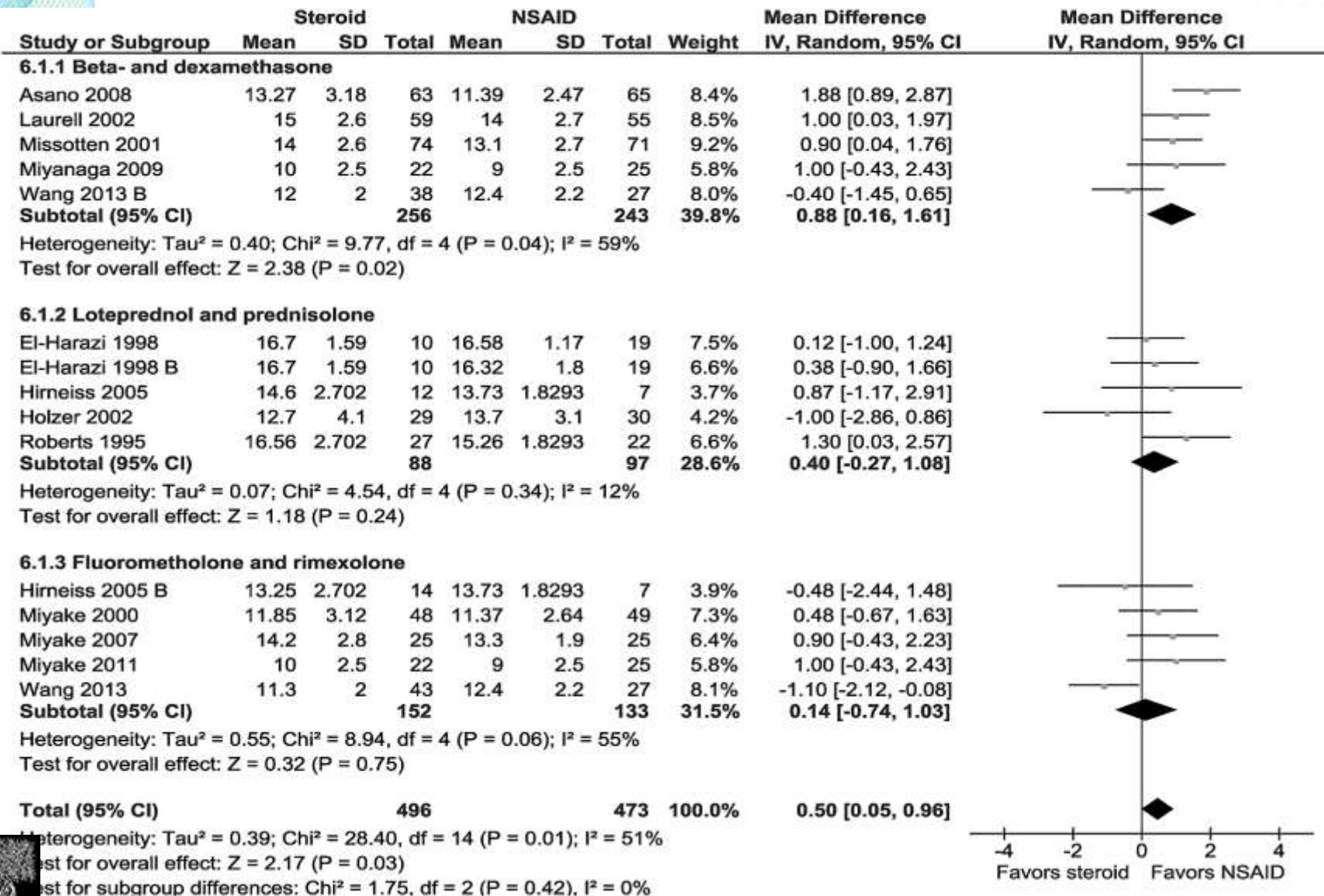
[Line Kessel](#), MD, PhD  , [Britta Tendal](#), PhD, [Karsten Juhl Jørgensen](#), MD, DrMedSci, [Ditte Erngaard](#), MD, [Per Flesner](#), MD, PhD, [Jens Lundgaard Andresen](#), MD, PhD, [Jesper Hjortdal](#), MD, DrMedSci

Manuscript no. 2013-1766.

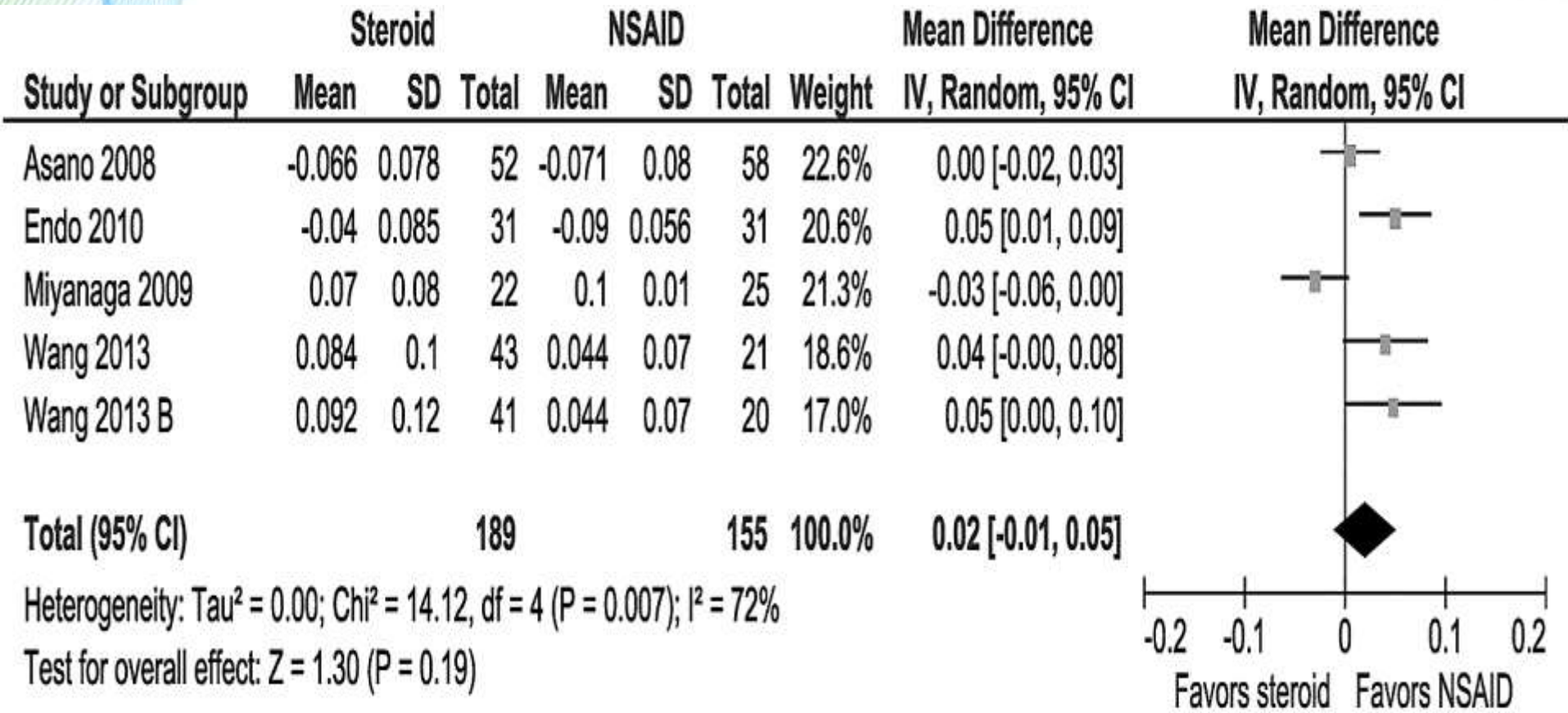
CME at 1 month post surgery Steroids Vs NSAID



INTRA-OCULAR PRESSURE



Visual Acuity between two groups



Topical Steroids VS NSAID

- 15 Trials were identified
- High quality evidence that Post operation inflammation less in NSAID group
- 3.8% VS 25.3% !
- No adverse events in either group
- Slightly higher iop rise in Steroid group.
- Different steroids used, but no difference in effectiveness found
- 5 different NSAID but study not designed to distinguish which is the best non-steroidal anti-inflammatories



What have We done in London



- **Non – Diabetics** ALL get Bromfenac twice per day for one month post surgery since 2011



- TobraDex
Four times a day for a week then
Twice per day for a week and stop.

- **Diabetics** get Nevanac Pre and Post surgery for 2 months.
- Plus TobraDex



Audit of Post operation CME at The Hillingdon Hospital – London Fundus fluorescein angiography & OCT Proven

- Audit 2011 14 cases of CME out of 906 cataract operations were identified in the 6-month period prior to the use of Bromfenac

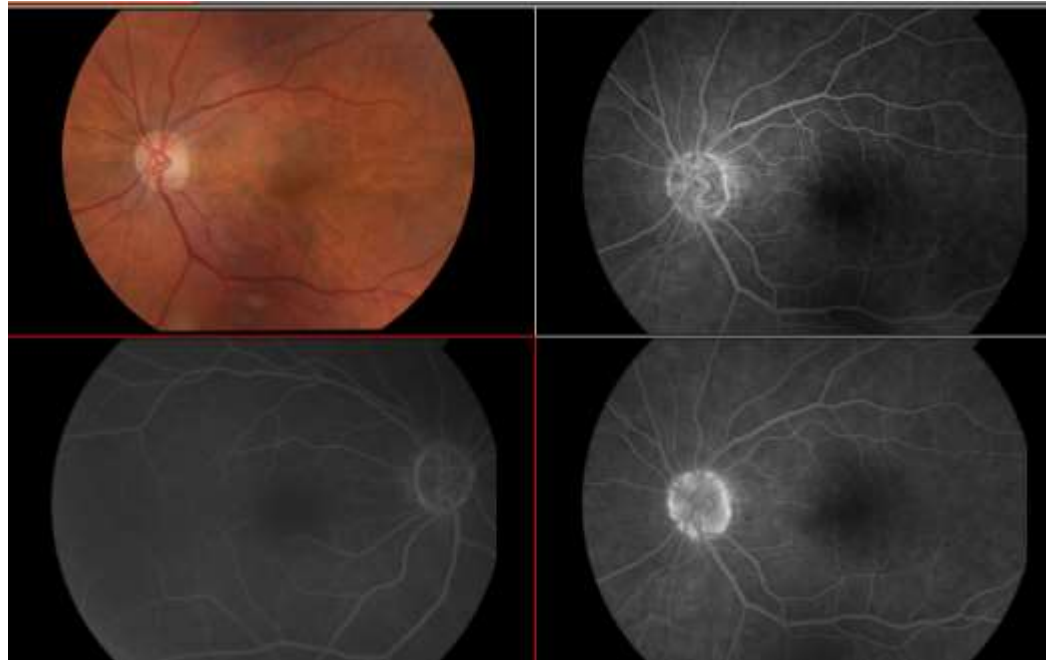
compared to
- 4 cases out of 838 in following 6 months. The association between CMO and bromfenac was statistically significant according to Fisher's exact test ($P=0.03$).
- Audit 2014 No confirmed Irvine-Gass in past year in diabetics!
- WEH – 5 Cases Diabetics
 - 1 prescribed in clinic – forgot to take
 - 4 arrived at theatre None prescribed/preop

CMO case despite Nevanac

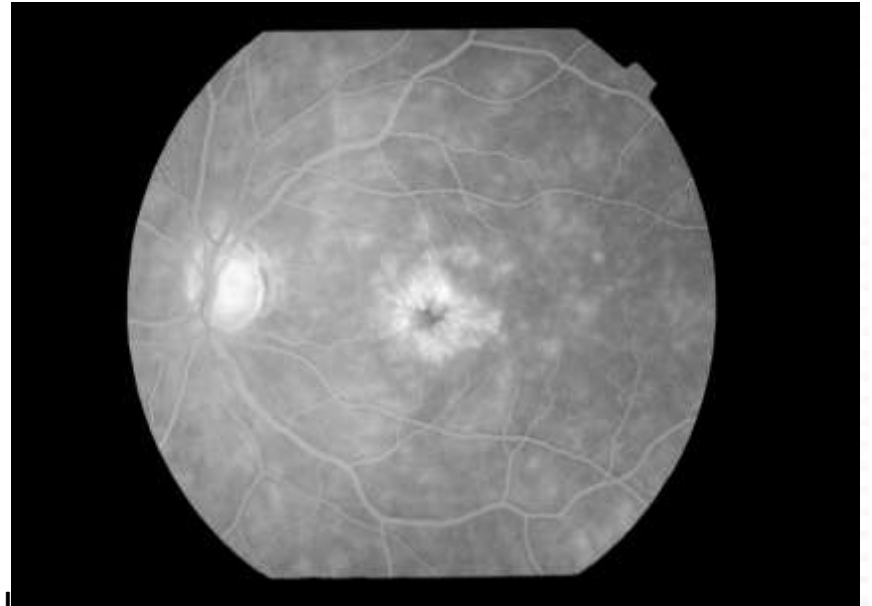
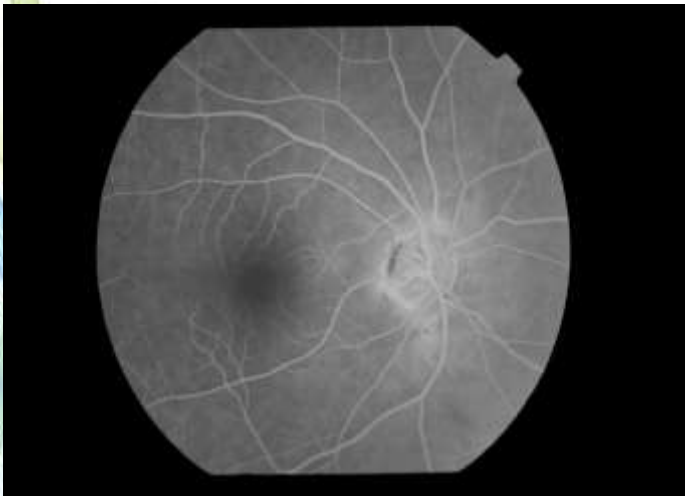
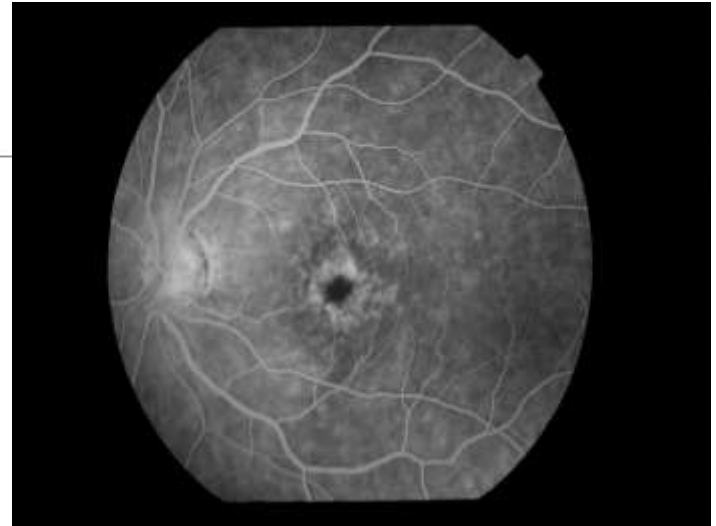
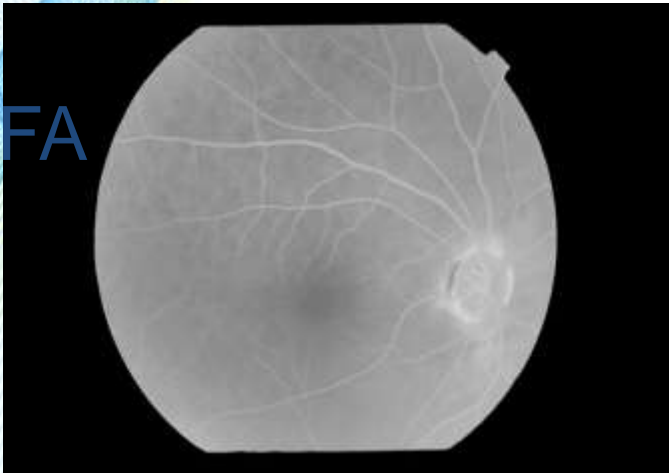
- 75 Year NIDDM,
- Previous RD Surgery
 - Intravitreal Gas
- Senior Surgeon Phaco
- Floppy Iris and Small pupil
- Anterior Capsule tear
- Prolonged surgery.

- Post operation Drops
- TobraDex and Nevanac

- Slight Distortion 4 weeks after operation
- OCT small changes and Leakage on Disc FFA.
- Vision 2 Months 0.12 same as fellow eye & No CMO
- Continues on Nevanac



FFA



Petaloid Leakage with Optic Disc leakage

PREvention of Macular EDema After Cataract Surgery (PREMED)

- 1350 Participants
- Bromfenac
- Dexamethasone QID
- Bromfenc & Dexamethasone
- Bromfenac & peroperative subconjunctival injection of 40 mg triamcinolone acetonide
- Bromfenac & Peroperative intravitreal bevacizumab
- Bromfenac & Dexamethasone & Triamcinolone & Bevacizumab
- *Multi centre European Study*
- *sponsor Maastricht University Medical Centre*
- *Collaborator ESCRS*
- *Non diabetics over 21*
- *Change in Vision over time*
- *Change in OCT thickness*
- *Change in IOP*
- *The study is expected to complete in July 2015. [22]*

Dropleess Cataract surgery

AAO 2015 Hot topic

Unmet need

- **Compliance**
 - Avoid non-compliance
- **Quality of life**
- **Manual dexterity**
 - Physical limitations eg Strokes etc
- **Ocular surface toxicity**
- **Penetration into the eye**
 - Peaks and troughs
- **Elderly**
 - Alzheimer's – Forgetting drops
 - Simplifies Post op Regime





Dropleess Cataract surgery

AAO 2015 Hot Topic

Benefits of Intraocular Antibiotics and Steroids

- High Effective prophylaxis against infection
- Pre-Emptive control of inflammation
- Greater patient Convenience
- Better Compliance
- Less cost?

- Number of Options being trialed
 - Subtenons Kenalog – 10 – 40mg
 - IOP issues, but inexpensive
 - Available to all – rarely used
 - Triamcinolone & Moxifloxacin = TriMoxi or TriMoxVanc
 - Compounding pharmacy – USA
 - OTX-DP
 - Dexamethasone Punctal Pellet
 - IBI-10090 Dexamethasone Suspension
 - Anterior chamber bioabsorbable Dexamethasone

Transzonular medicine



- This is the injection of drugs via the anterior approach through the zonules
- Idea is to avoid the need for post op drops entirely.
- Early trials encouraging
- TriMoxi (triamcinolone acetonide and moxifloxacin hydrochloride, Imprimis Pharmaceuticals) and TriMoxi+Vancomycin (Imprimis Pharmaceuticals) use patent-pending technologies that allow for the combination of drugs into a single, cost-effective intraocular injection.
- “A retrospective analysis including data from a consecutive series of 1575 eyes shows that intravitreal placement of triamcinolone/moxifloxacin during cataract surgery is a safe and effective method for preventing inflammation, endophthalmitis, and cystoid macular edema.”

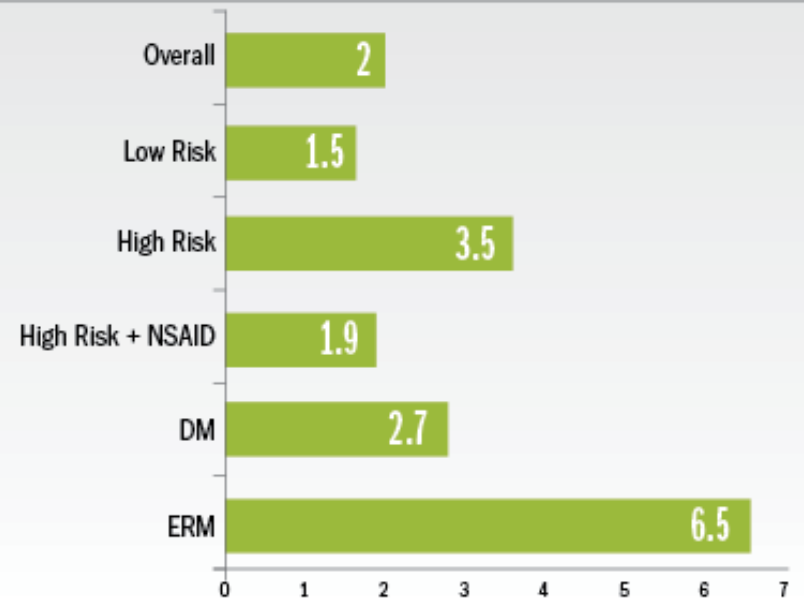
- Prepared by a compounding pharmacy, the preservative-free product contains 15 mg triamcinolone +1 mg moxifloxacin per mL. A dose of 0.2 mL is placed into the anterior vitreous after IOL implantation and prior to viscoelastic removal using a 27-gauge cannula passed through the zonules via the ciliary sulcus inferiorly.
- None needed more steroids but 22% needed a NSAID due to high risk of CMO.

Visual Acuity

| | |
|------------------------|-----|
| Same Day \leq 20/100 | 51% |
| P3 UCVA \geq 20/40 | 78% |
| P3 UCVA \geq 20/25 | 37% |
| P3 BCVA \geq 20/40 | 96% |
| P3 BCVA \geq 20/25 | 79% |

By 3 weeks, best-corrected visual acuity was 20/40 or better in 96% of eyes and 20/25 or better in 79%.

CME Incidence



Not all high-risk eyes were prescribed supplemental treatment with a topical nonsteroidal anti-inflammatory drug, but the incidence of cystoid macular edema was only 1.9% in those eyes that were. (Figures courtesy of M. Stewart Galloway, MD)

AAO 2015 Topical Steroids vs NSAID Transzonular medicine Ahad Mahootchi

- Comparative case series 415 per group 1245 total number
 - 90 Day follow up
 -
 - Group 1 – Standard care Steroids and NSAID
 - Group 2 – Transzonular and Post op steroids
 - Group 3 – Transzonular and NSAID
- | | |
|---------|-----------|
| | CMO |
| Group 1 | 1.9% |
| Group 2 | 1.9% |
| Group 3 | 0% (0.5%) |

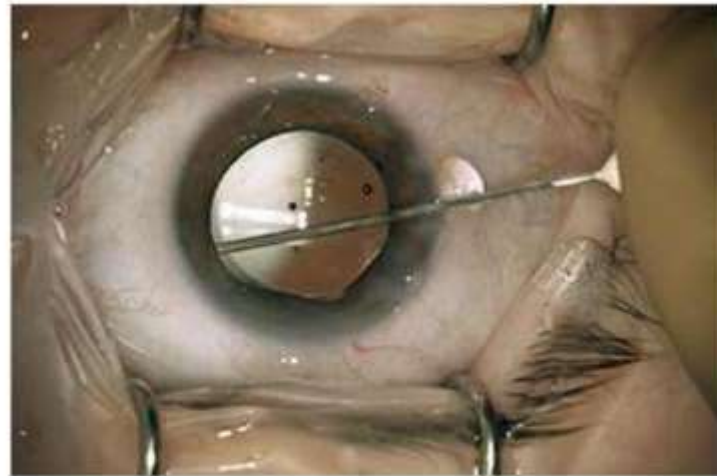



Figure 1: The surgeon performs the transzonular TriMoxi+Vancomycin injection using a 27-gauge hydrodissection cannula.

COURTESY: JAMES S. LEWIS, MD



A Phase 3 Trial of a Novel Intracameral Dexamethasone Drug Delivery Suspension for Treating Inflammation Following Cataract Surgery

Eric Donnenfeld, MD

Clinical Professor of Ophthalmology, New York University
Trustee Dartmouth Medical School

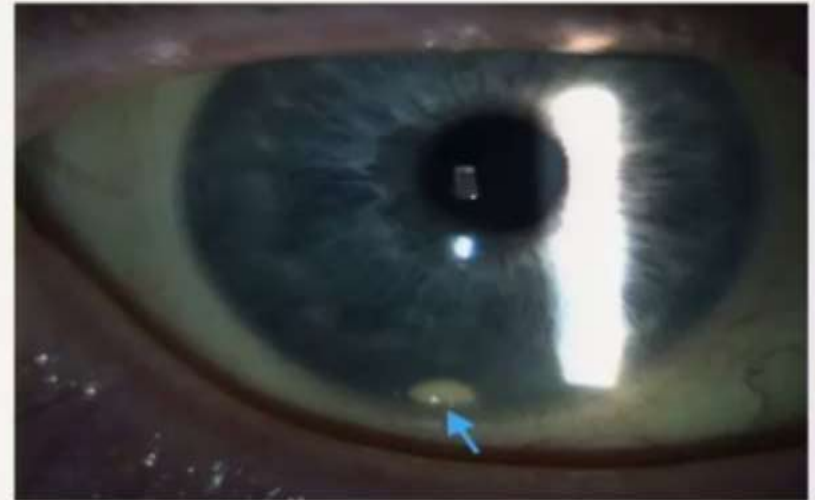
Edward Holland, MD

Wendy Murahashi, MD

for the C13-04 Study Investigators

IBI-10090 Dexamethasone Suspension for Intraocular Administration

- A novel, bioabsorbable drug delivery product for anterior chamber intracameral placement of dexamethasone
- Therapeutic levels are maintained for up to 21 days with a single administration^a
- Evaluated in a Phase 3 trial for treatment of inflammation associated with cataract surgery

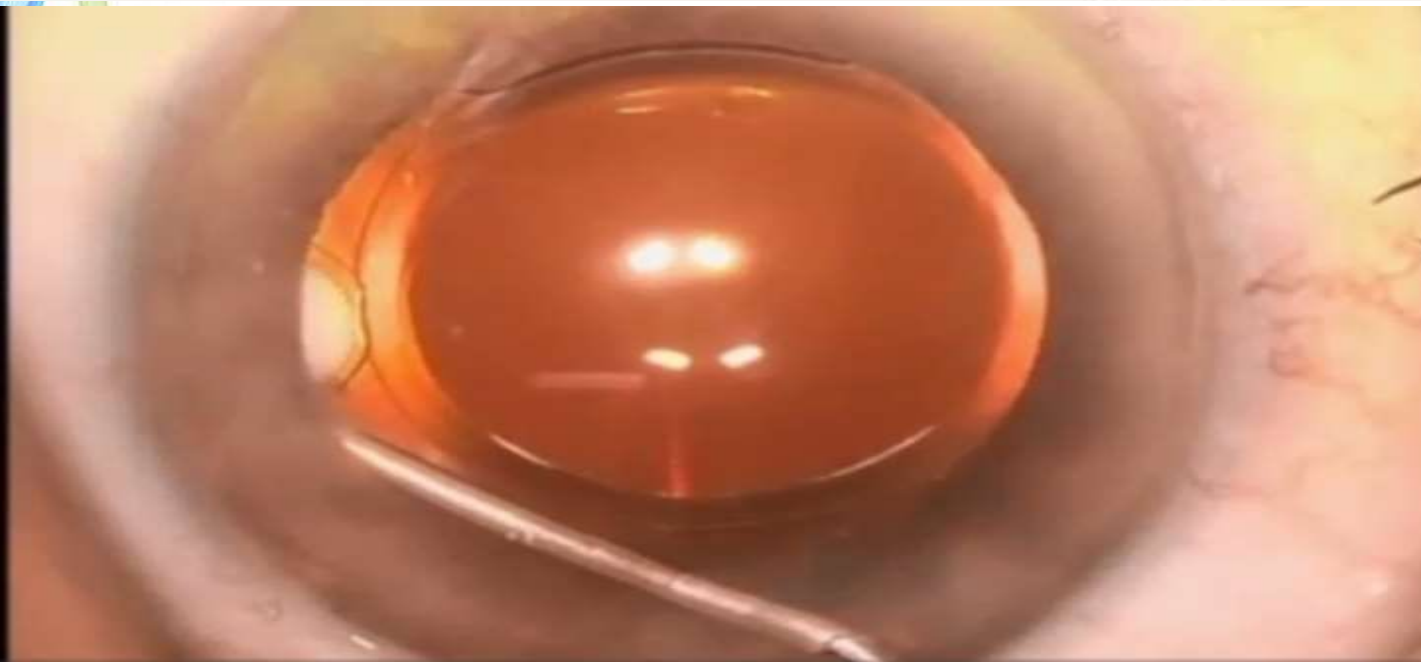
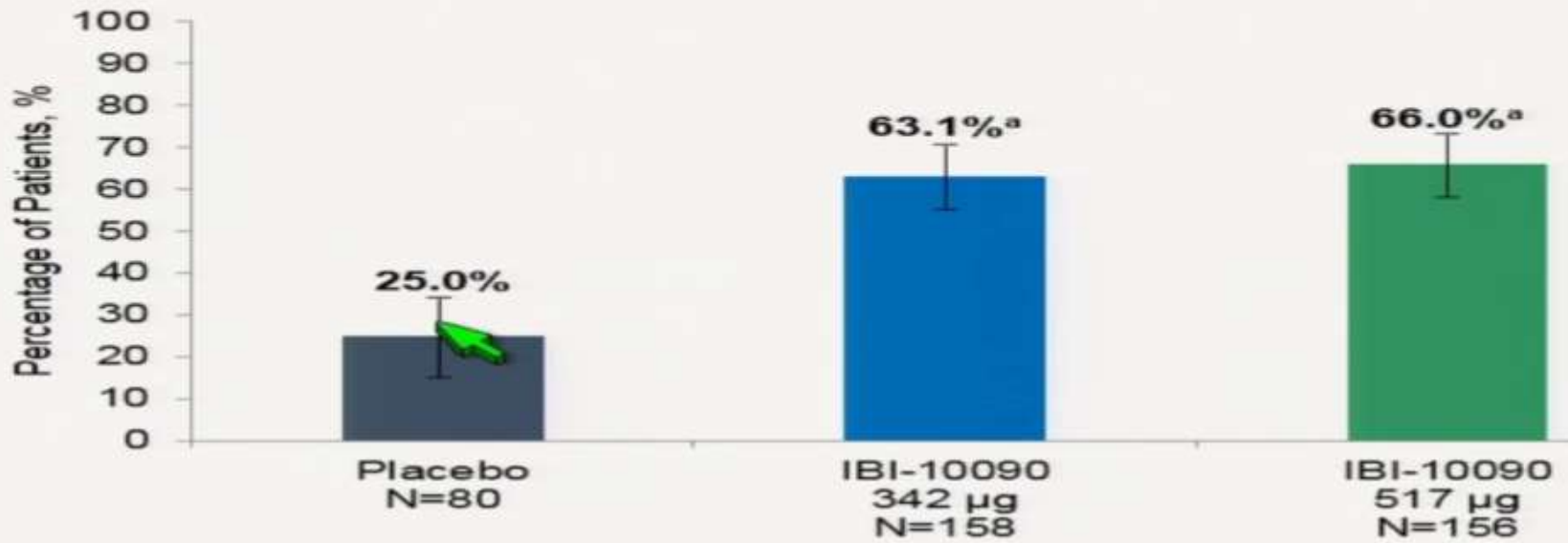



Patients Requiring Rescue Medication

| Postoperative Day | Placebo N=80 | IBI-10090 342 μ g N=158 | IBI-10090 517 μ g N=156 |
|-------------------|-----------------|-----------------------------------|-----------------------------------|
| 1 | 6 (7.5%) | 0 | 0 |
| 3 | 14 (17.5%) | 0 | 4 (2.3%) |
| 8 | 13 (16.3%) | 3 (1.9%) | 3 (1.9%) |

Primary Endpoint

Percentage of Patients With ACC Grade=0 at Day 8





**Phase 3 Clinical Trials Evaluating
Sustained Release Dexamethasone
(DEXTENZA™) for Treatment of
Post-operative Inflammation and Pain**

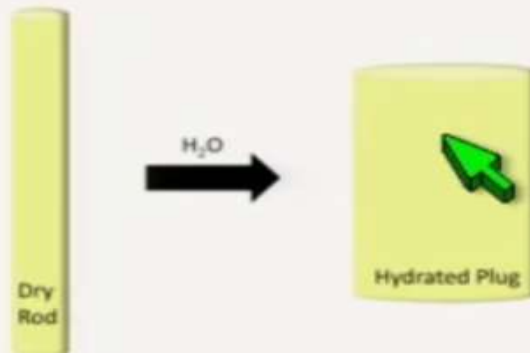
Thomas Walters, MD

Texan Eye, Austin, TX

*Phase 3 Studies Conducted under IND
Sponsored by Ocular Therapeutix, Inc.*

OTX-DP Product Design

- ▶ Polyethylene glycol-based hydrogel drug product
- ▶ Provides a sustained and tapered release of dexamethasone to the ocular surface for up to 30 days
- ▶ One-time administration at the conclusion of surgery
- ▶ Fluoresces under blue light and yellow filter for placement and retention confirmation
- ▶ Resorbs and exits the nasolacrimal system; removal not required



Conclusions

- ▶ Strong safety profile shown for OTX-DP in both studies - No safety concerns
- ▶ OTX-DP was statistically superior over placebo for the absence of pain at Day 8 for both studies
- ▶ OTX-DP was statistically superior over placebo for the absence of Anterior Chamber cells:
 - ▶ In the first Phase 3 study
 - ▶ Not in the second Phase 3 study
- ▶ NDA for pain indication submitted to FDA
- ▶ Conducting third Phase 3 study to expand labeling to include inflammation

Dilating the pupil for surgery



- **Old Practice - Eye drops four times an hour, then every half hour by nurses**
- **Current Practice - Mydriastert Pellet**
 - - Slow and sustained
 - -Maximal Dilatation
- **Future practice - Intracameral on the table**
 - **Tropicamide, Phenylephrine, & Lidocaine**
 - - Less dilation, but continues
 - - Fast 20 Seconds
 - **Improved patient flow, Less waiting for patient Less discomfort**

• Mydriatic insert and intracameral injections compared with mydriatic eyedrops in cataract surgery: Controlled studies

• Journal of Cataract and Refractive Surgery.

• Behndig, Anders, MD, PhD; Korobelnik, Jean-François, MD. Published July 1, 2015. Volume 41, Issue 7. Pages 1503-1519. © 2015.

Dropless Cataract surgery

AAO 2015 Hot Topic

Benefits of Intraocular Antibiotics and Steroids

- High Effective prophylaxis against infection
 - Pre-Emptive control of inflammation
 - Greater patient Convenience
 - Better Compliance
 - Less cost?
-
- Number of Options being trialed
 - Subtenons Kenalog – 10 – 40mg
 - Trans Zonular Triamcinolone & Moxifloxacin
 - OTX-DP Dexamethasone Punctal Pellet
 - IBI-10090 Dexmatheasone Suspension Intracameral



The Future Pathway

- Walk in, Theatre, walk out – 1 hour
- On table Intracameral Dilatation
- On table Intercameral Antibiotic – Cefuroxime – Others?
- On Table Long acting Steroid
- NSAID Once a day Gel





Make Irvine-Gass a Complication of the past Use a NSAID

More information

EyeNews

“A Paradigm shift in the way we approach
Cataract Surgery”

www.nicholaslee.co.uk

NEVANAC Prescribing Information

(Refer to full Summary of Product Characteristics (SmPC) before prescribing)

Presentation: 1 ml of Nevanac suspension contains 1 mg nepafenac, benzalkonium chloride 0.05 mg. Indication(s): Prevention and treatment of postoperative pain and inflammation associated with cataract surgery. Reduction in the risk of postoperative macular oedema associated with cataract surgery in diabetic patients. Posology and method of administration: Adults, including the elderly: For the prevention and treatment of pain and inflammation, 1 drop in the affected eye(s) 3 times daily beginning 1 day prior to cataract surgery, continued on the day of surgery and up to 21 days of the postoperative period, as directed by the clinician. An additional drop should be administered 30 to 120 minutes prior to surgery. For the reduction in the risk of macular oedema associated with cataract surgery in diabetic patients, 1 drop in the affected eye(s) 3 times daily beginning 1 day prior to cataract surgery, continued on the day of surgery and up to 60 days of the postoperative period, as directed by the clinician. An additional drop should be administered 30 to 120 minutes prior to surgery. Children and adolescents: Not recommended. Hepatic and renal impairment: No dose adjustment warranted. Contra-indications: Hypersensitivity to nepafenac, any of the excipients, or to other nonsteroidal anti-inflammatory drugs (NSAIDs); and in patients in whom attacks of asthma, urticaria, or acute rhinitis are precipitated by acetylsalicylic acid or other NSAIDs. Warnings and precautions: Do not inject, or swallow. Instruct patients to avoid sunlight during treatment. Use of topical NSAIDs may result in keratitis, in some susceptible patients, continued use may be sight threatening. Topical NSAIDs may slow or delay healing. Concomitant use of topical NSAIDs and topical steroids may increase the potential for healing problems. Topical NSAIDs should be used with caution in patients with complicated ocular surgeries, corneal denervation, corneal epithelial defects, diabetes mellitus, ocular surface diseases, rheumatoid arthritis or repeat ocular surgeries within a short period of time. These patients may be at increased risk for corneal adverse reactions which may become sight threatening. Prolonged use of topical NSAIDs may increase patient risk for occurrence and severity of corneal adverse reactions. Ophthalmic NSAIDs may cause increased bleeding of ocular tissues (including hyphaemas) in conjunction with ocular surgery. Use NEVANAC with caution in patients with known bleeding tendencies or who are receiving other medicinal products which may prolong bleeding time. Concomitant use of prostaglandin analogues and NEVANAC is not recommended. Benzalkonium chloride may cause keratopathy and irritation and is known to discolour soft contact lenses. Contact lens wear is not recommended during the postoperative period following cataract surgery. Patients should be advised not to wear contact lenses during treatment with NEVANAC. Close monitoring is required with frequent or prolonged use. An acute ocular infection may be masked by the topical use of anti-inflammatory medicines. NSAIDs do not have any antimicrobial properties. In case of ocular infection, their use with anti-infectives should be undertaken with care. Cross-sensitivity: Potential exists for cross-sensitivity of nepafenac to acetylsalicylic acid, phenylacetic acid derivatives, and other NSAIDs. Interactions: In vitro studies have demonstrated a very low potential for interaction with other medicinal products and protein binding interactions. Pregnancy and lactation: Pregnancy: not recommended during pregnancy and in women of childbearing potential not using contraception. Lactation: Can be used during lactation. Effects on ability to drive and use machines: If blurred vision occurs wait until the vision clears before driving or using machinery. Undesirable effects: Common: Punctate keratitis. Frequency not known: Dizziness, impaired corneal healing, corneal scar, reduced visual acuity, eye irritation, eye swelling, blood pressure increased. Serious: Keratitis, choroidal effusion, corneal epithelium defect, corneal opacity. Prescribers should consult the SmPC in relation to other side effects. Overdose: No experience of overdose with ocular use. Application of >1 drop/eye is unlikely to lead to unwanted sideeffects. Practically no risk of adverse effects due to accidental oral ingestion. Incompatibilities: Not applicable. Special Precautions for Storage: Do not store above 30°C. Legal Category: POM. Package Quantities and Basic NHS Costs: 5ml £14.92. MA Number(s): EU/1/07/433/001. Further information available from the MA Holder: Alcon Laboratories (UK) Ltd, Frimley Business Park, Frimley Camberley, Surrey, GU16 7SR United Kingdom. Date of preparation: 20 May 2013 (V9). Adverse events should be reported. Reporting forms and information can be found at www.mhra.gov.uk/yellowcard. Adverse events should also be reported to Alcon Medical Information. Tel: 0871 376 1402. Email: GB.ADR@alcon.com