

# Endophthalmitis Protocol

## Diagnosis to Treatment 60 mins

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Hillingdon Hospital Eye Department

**Diagnosis by 2 doctors**

Red Eye, Pain, Reduced Visual Acuity  
Recent intraocular surgery / intra-vitreal injection  
Immunocompromised / ITU patient

**2 Doctors**

**Doc 1 (senior)**

Stay with patient  
Alert Nursing staff  
Identify Clinic Endophthalmitis Pack  
Administer po drugs from pack (after excluding potential exclusion criteria)  
    po Moxifloxacin 400mg  
    po Co-Dydramol 10/500 x 2 tabs  
    po Temazepam 10mg  
Consent patient & escort patient to theatres

**Doc 2 (junior)**

Alert micro - tel 3288  
Alert theatre coordinator - bleep 5739  
Put on emergency list  
Identify venue- (theatre or anaes room)  
Alert theatre staff  
Discuss with on call anaes - bleep 5455  
?needs parenteral sedation / analgesia  
Start on step 1 below

### Theatre 5

- 1) Identify Theatre Endophthalmitis Pack in prep room, Theatre 5
- 2) Identify the drugs  
3 prepacks:  
    **Vancomycin 2.0mg in 0.1ml**  
    **Amikacin 0.4mg in 0.1 ml**  
    **Amphotericin 5µg in 0.1ml** (in prep room fridge, Th5)  
    Senior doctor to consider Amphotericin if fungal / immunocomp / ITU
- 3) Make up drugs
- 4) *Make sure you have everything you need before you begin*
- 5) Take vitreous sample (0.2ml – 0.3ml) – turn page for detailed instruction
- 6) Take aqueous sample ( $\leq 0.1\text{ml}$ ) take care if eye soft from step 5
- 7) Administer drugs to vitreous                   nb- amphotericin may not be required
- 8) Send syringe- without needle to labs – DO NOT PLATE
- 9) Senior doc consider po Prednisolone 1mg/kg (beware endogenous or fungal)
- 10) Consider sending patient to WEH for admission, otherwise daily review THH
- 11) po Moxifloxacin 400mg od, Ofloxacin QDS, Maxidex QDS, Cyclo 1% bd

# **Endophthalmitis Protocol**

## **Diagnosis to Treatment 60 mins**

Page 2

Hillingdon Hospital Eye Department

### **Vitreous & Aqueous Tap and Intra-vitreal Administration of Antibiotics Protocol**

- 1) Use pre-packed drugs and make up Vancomycin, Amikacin +/- Amphotericin
- 2) Prep eye with 0.5% Proxymethacaine, 1% Tetracaine & 5% Povidone-iodine
- 3) Scrub: Sterile Gloves and Gown
- 4) Drape
- 5) Local anaesthetic Lidocaine 2%, raise bleb with 25G needle on 1 ml syringe
- 6) Wait 2 mins
- 7) Mark infero-temporally from limbus: 3.5mm if pseudophakic, 4mm if phakic
- 8) Attach 21G needle to 1ml syringe and insert to vitreous – aim posterior
- 9) Aspirate 0.2 ml (0.3 if using amphotericin)  
- if dry tap reassess with senior guidance
- 10) Using an insulin syringe, aspirate 0.1ml from aqueous  
- beware AC collapse and damage to iris / lens
- 11) Detach and KEEP SYRINGES for micro, do not attempt to plate
- 12) Without removing 21G needle, instil antimicrobials (0.1ml each) separately
- 13) Doc 2 to take samples to micro
- 14) See step 9 over page