## MR teaching

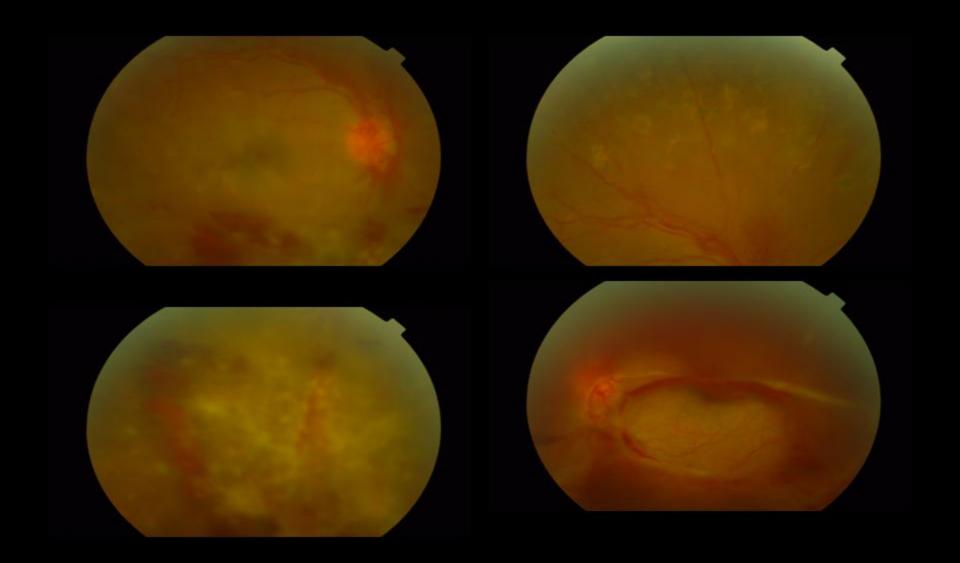
Saruban Pasu 21/2/14

#### Eales disease

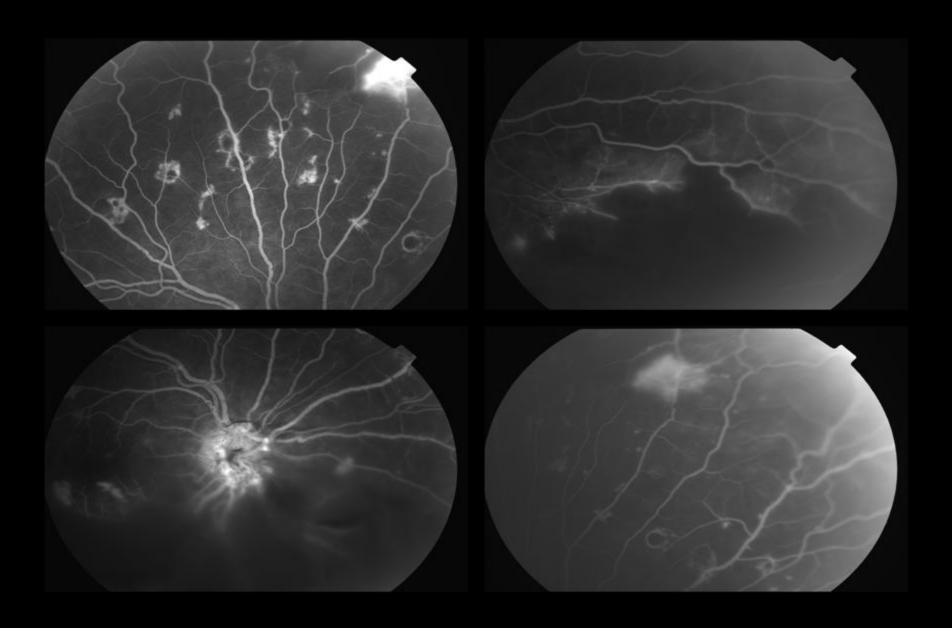
- Idiopathic inflammatory venous occlusion
  - Perivascular phlebitis
  - Peripheral nonperfusion
  - Neovascularisation

Vision loss is due to sequelae of recurrent VH

## **Colour Pictures**



## FFA



Healthy males 20-30s

Floaters and reduced vision due to VH

50-90% develop bilateral involvement

## Retinal phlebitis

Mid peripheral venous dilation

Perivascular exudates

Superficial retinal haemorrhages

## Peripheral nonperfusion

- Junction between perfused and nonperfused is sharply demarcated
  - Micro-aneurysms
  - Shunts
  - Beading
  - Exudates
  - Cotton wool spots

### Neovascularisation

- NVD or NVE
- Likely to lead to recurrent VH
  - Old blood
  - Fibrous organisation
  - Tractional retinal detachment

#### **FFA**

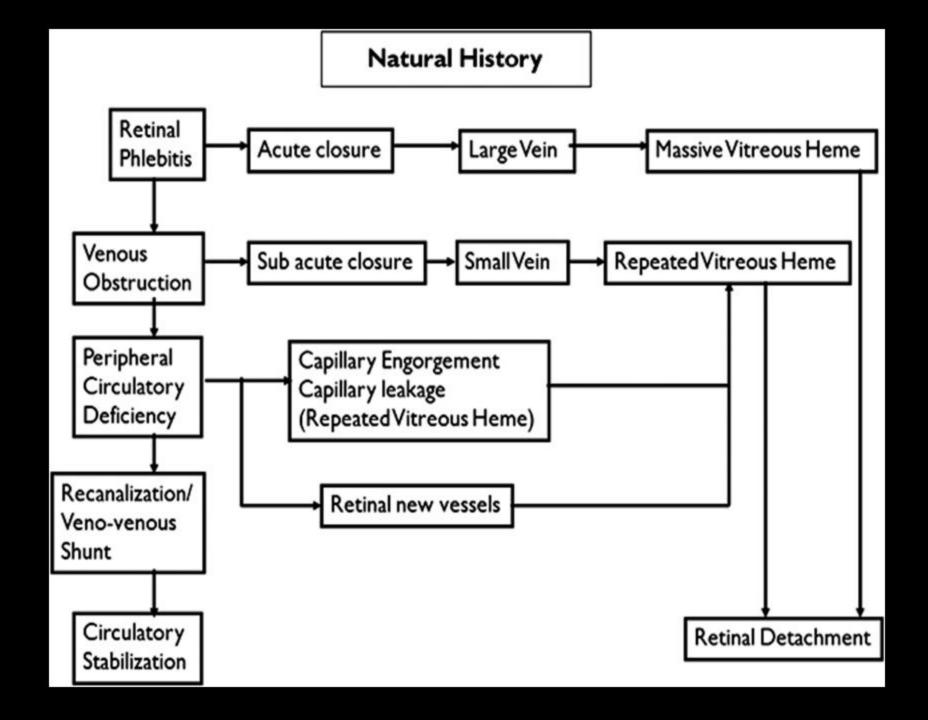
- Active vasculitis
  - staining of vessel wall or frank extravasation
- Venous stasis
  - engorged tortuous veins distal to obstruction
  - Engorged capillary bed
- NV
  - Leakage and late staining stop after resolution of venous inflammation

## **Natural History**

Variable remission VS total blindness

NV is cause of recurrent VH

- NV can regress spontaneously replaced by glial tissue
  - TRD



## Retinal vasculitis mimicking Eales

- Systemic
  - Leukaemia
  - Lyme
  - MS
  - Sacroid
  - Syphilis
  - SLE
  - Toxo
  - TB
  - Wegners

#### Ocular

- Behcets
- Birdshot
- Coats
- Par planitis
- Viral retinitis

# Proliferative vascular retinopathy mimicking Eales

- Systemic
  - Diabetes
  - Sarcoid
  - Sickle

- Ocular
  - BRVO
  - CRVO
  - Coats disease
- Pars planitis
- ROP

#### **Treatment**

- Steroids
  - Oral VS periocular VS intravitreal
- Anti VEGF therapy as a adjunct (case series only)
- PRP
  - Full VS segmental
- Vitrectomy
  - Unresolved VH /TRD